

Nuts

★
ALL
NEW!
★

**SEXY HELEN
FLANAGAN!**

**HELEN'S
SEXY
NEW
LOOK!**

★
**RED
HOT PICS
INSIDE!**



**+ NEW
FERRARI!**

**+ MIKEL
ARTETA!**

"My willy's
got its own
passport!"

+ DAPPY!

FROM ASDA...

...TO NUTS!

+ THE NEKNOMINATION SENSATION!

& INDIA REYNOLDS!



NORTH

EAST

SOUTH

WEST



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90th

ANNIVERSARY



TRUCK TOUR DATES

Date	Location	Date	Location	Date	Location
Monday 24th February	Lisburn	Friday 14th March	Preston	Monday 7th April	Southampton
Tuesday 25th February	Newry	Monday 17th March	Sheffield	Tuesday 8th April	Bournemouth
Wednesday 26th February	Galway	Tuesday 18th March	Mansfield	Wednesday 9th April	Brighton
Thursday 27th February	Dublin	Wednesday 19th March	Oswestry	Thursday 10th April	Redhill
Friday 28th February	Cork	Thursday 20th March	Abergavenny	Friday 11th April	Loughton
Monday 3rd March	Cirencester	Friday 21st March	Swansea	Monday 14th April	Fulham
Tuesday 4th March	Bristol	Wednesday 26th March	Wakefield	Tuesday 15th April	Wembley
Wednesday 5th March	Yeovil	Thursday 27th March	Sheffield	Wednesday 16th April	Folkestone
Thursday 6th March	Barnstaple	Monday 31st March	Birmingham	Thursday 17th April	Sittingbourne
Friday 7th March	Exeter	Tuesday 1st April	Loughborough	Friday 18th April	BSB Opening round Brands Hatch
Monday 10th March	Inverness	Wednesday 2nd April	Leicester	Saturday 19th April	
Tuesday 11th March	Glasgow	Thursday 3rd April	Derby	Sunday 20th April	
Wednesday 12th March	Dumfries	Friday 4th April	Cambridge		
Thursday 13th March	Carlisle	Saturday 5th April	Cambridge		

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GRABS**



THIS WEEK IN Nuts!



Nuts NEWS

- Neknomination babe strips!
- Whale flip!
- The "I Am Not Famous Any More" quiz!
- 196mph Ferrari
- Winter Olympics wipeouts
- Evolve – first play
- Rude News

CARS!



Nuts REGULARS

- Don't Look!
- Pub Ammo

YOUR Nuts

- Letters
- Camera Phone Comedy
- Jokes

FEATURES

- It's India!
- A chat with Dappy!
- Health And Safety Fails
- The life of a Navy SEAL
- Helen Flanagan's red-hot new look

Nuts STUFF

- TV Guide
- Reviews
- Nuts Gear

Nuts REAL GIRLS

- Bedroom Babes
- Our Postbag
- Ten Rude Questions
- Ladies Confess

Nuts SPORT

- Man City vs Barcelona
- Mikel Arteta
- Curtis Woodhouse
- Kammy's column
- Ring Of Truth
- The Nuts Lip Reader

TAP ON
THE PAGE
YOU WANT
TO READ!

HELEN!



"I could've sworn
I left the house
with a coat on..."

This week in the
Nuts office!

We get our brew
on with Yorkshire
Gold tea!

A "fan-dabby-
dozy" time with
the Krankies!

Nuts NEWS

EXCLUSIVE!

Neknomination sensation Rebecca Dagley!

The viral video lovely recreates her boozy supermarket stripping stunt especially for *Nuts*!



PICTURE THE scene – you’re pushing your trolley through Fosse Park Asda in Leicester, picking out a jacket potato for your dinner. Then up strolls 19-year-old Rebecca Dagley in a trenchcoat. The coat quickly gets binned to reveal a rather smashing set of undies and a can of Stella, which Rebecca swiftly downs, before

challenging her chums and scarpering away on her very high heels.

This “Neknomination” video – film yourself downing booze in an unusual way before nominating chums to do similar within 24 hours – went viral, millions watched and Rebecca has become a surprise media star. Cue a call from *Nuts*, and a high-quality photo shoot...



CHUGGING IN UNDIES!

7 Feb: Rebecca Dagley stripped and downed a beer in a branch of Asda before Neknominating her mates.

**“I love thrills
and things
like that!”**



**Turn over to see
more of Rebecca!**



**“I’ve wanted
to be in *Nuts*
for years!”**

Hi Rebecca! You've had some week... I've had a mental week. I uploaded the video literally within minutes of

leaving Asda and my phone went crazy. The comments, the likes, the reposts – everyone was sharing it! I had people messaging me from Australia, China, New York...

Whose idea was this stunt?

Mine. I sat in my room and thought, "What can I do that's outrageous? Everyone's used to my behaviour, so I'm going to go somewhere public in my underwear!" I love thrills and things like that.

What was the reaction in the store as you filmed the video?

I had so much adrenaline, I couldn't really tell what was going on around me. I know there was a couple behind me. As I took my coat off, you see the man walk past, take a look and come back to look at me. And his wife was like, "What are you doing?" If you listen to the video you hear my friend Jade shout, "Security's coming!" I started to panic. I thought, "I can't get arrested or get into trouble for something like this! I can't be taken to the police station in my underwear!" I knew I had to get out of there.

Who took the video?

My friend Jade. I sent a selfie of me in the outfit, and she was like, "No! You aren't going to do that!" When we got to Asda, I was like, "Come on then, you ready?" I picked up the basket, she filmed me, and when I took my coat off, she was like, "Oh, my God! She's actually done it!"

Are the chums you Neknominated going to respond?

They tweeted: "White flag! Not doing it! Not going to beat that!"

And now you're in *Nuts*!

It's great! *Nuts* has been something that I've wanted to do for years. I still feel like I need to pinch myself. It feels too good to be true!



Humpback flip!

Thirty-six-tonne mammal giggles like a girl at gravity



HUMPBAC
WHALES are
chuffing brilliant!

When they're not filling their campervan-sized lungs with up to 9,000 litres of air and having a squizz around the ocean floor for an entire half of football, they're gleefully throwing their 36-tonne bodies out of the water in epically impressive breaches like this. If their singing wasn't so rubbish, they'd edge dogs into number two in *Nuts*' top ten animals!



WORDS: RORY BUCKERIDGE PHOTO: THOMAS PESCHAK

"I'd give it five
minutes, lads"

FLUKEY!

Whale sex facts!

- The humpback male's penis can grow up to three metres in length.
- **Male humpbacks actively harass females for sex to the point that they'll try to hide underneath boats to escape the male's attention.**
- Humpback whale sex is a rough, tumble and quick. The male has no regard for a calf and will push it out of the way to get at the female.
- **The female humpback has a genital area that is usually completely surrounded by barnacles. Ouch!**

Nuts' I Am Not Famous Any More quiz!

It's a paper bag-based celebrity test! Can you guess the celebs pulling a LaBeouf?



SHIA LABEOUF

is a bit of a plum.

After acting in (and presumably banking his cheque for) Lars von Trier's *Nymphomaniac*, he bowled up to the Berlin premiere with a paper bag on his head, on which he'd scrawled "I Am Not Famous Any More". Naturally, this drew more attention to his attendance. Inspired by this, we've done a quiz – guess the peeps behind the bags!

JUST CALL HIM THE BAGMAN!

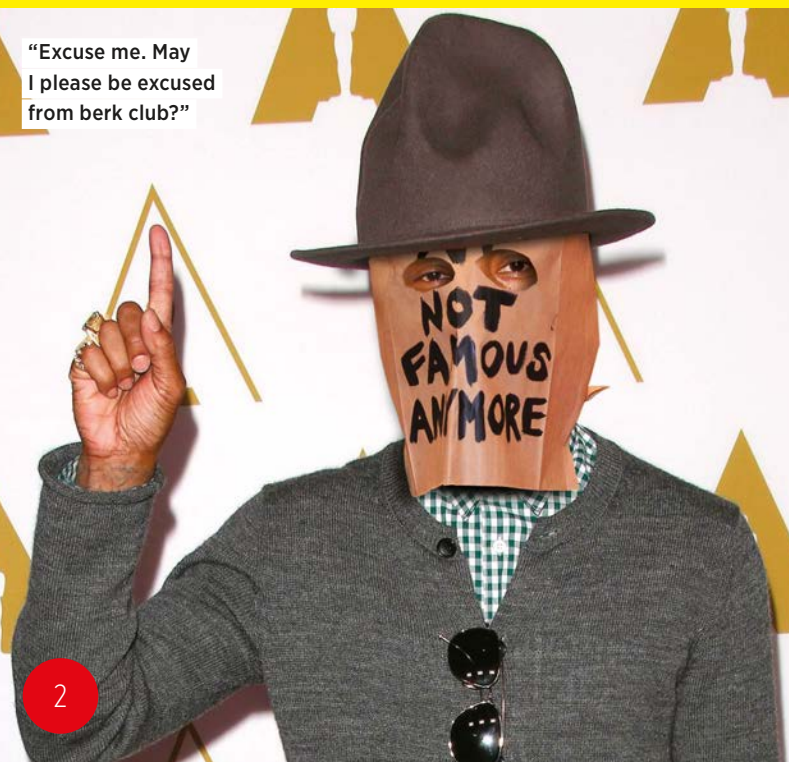
For the 9 February Berlin Film Festival *Nymphomaniac* premiere, Shia LaBeouf turns up dans le sac.

The new toilet attendant was a little unsettling



1

"Excuse me. May I please be excused from berk club?"



2

It was one solution to a bad hair day



3

She wished she had two paper bags to hand



4



"Uh-oh - second-hand sickbag!"

5



"What makes you think I forgot my safety helmet?"

6



"Yeah, send the pic to my eight year old. It'll freak the crap out of her!"

7



The Ku Klux Klan had changed their image

8



"I actually look less odd than usual!"

9



Ribery asked mission control if it was OK to remove the mask yet

10

ANSWERS: 1 DAVID BECKHAM, 2 PHARELL, 3 KELLY BROOK, 4 BARACK OBAMA, 5 DANIEL STURRIDGE, 6 MILEY CYRUS, 7 BRADLEY COOPER AND GERRARD BUTLER, 8 GZA V/S TREVOR, FRANKLIN AND MICHAEL, 9 LADY GAGA, 10 SANDRA BULLOCK

"So, what, I just,
er, sit here, like?"



Ferrari's new California!

The Prancing Horse has steroided its drop top with two turbos and 50 per cent more torques!

- More torque, faster to 62mph and yet less of a thirsty drinker, Ferrari's new California "T" is all about improvements below the bodysell. But the bit you'll really notice is that this is the first Ferrari equipped with real turbocharged power since 1987's iconic F40. Hence the "T", you see?
- So, for your £153,000 you'll receive a front-engined, drop-top head turner that wears a new Hollywood smile for a grille, and deeper-defined cheek dimples (air intakes) on either side.
- In the name of feeding the twin turbos fresh air, the bonnet has now gained a pair of sculpted vents. Minor tweaks have been made to the side profile and, although the rear is still unmistakably a Cali, there's now a new jagged triple-toothed diffuser panel to aid stability when pushing towards the upper limits of its 196mph (3.0mph better than the outgoing Cali).
- It's not easy to make a turbo car howl like a supercar, but a three-piece cast exhaust manifold and flat-plane crankshaft will

"I've always
wanted to be
topless in Nuts"



It was like car
had eyes in the
back of its head



"Look into my eyes not
around the eyes into the eyes"



As arcade sims
went, it was
pretty good



Once popped out,
Hawking's brain
was surprising

apparently wake the neighbours in that special way that a Ferrari should.

- The RHT (horrid Ferrari speak for the retractable hard top roof) does its thing in 14 seconds to fully unveil a cabin that packs a 6.5in central display touchscreen infotainment system that's said to have been co-developed with Apple's design-obsessed nerds.

- Beyond the trademark, splendidly supple leather, steering wheel-mounted hooligan switches and huge gearshift paddles, there's also a Turbo Performance Engineer display. In English, that's a gauge between the vent pods that displays a percentage figure of what turbo boost is available at any given time. Does anyone remember *Outrun*?

- Screwing on those turbos means that the Cali is now packing 62bhp more than the old model, with a swell of 49 per cent extra torque over the previous car's 372lb-ft. All of that adds up to it being only 10bhp, 2.0mph and 0.2 secs (0-62) behind the mid-motor 458 Italia Spider – and it's a whopping 25 grand cheaper!

"Can I go in the
Co-op now?"



Sochi's best wipeouts!

Rated by ski jump sensation Eddie 'The Eagle' Edwards!

➔ **SNOW'S** A difficult mistress. One minute you're pulling off an effortless 720 off the half pipe, the next you're on your bum, spitting out flakes, and teeth! We asked Brit Olympic legend Eddie "The Eagle" Edwards to rate the best Winter Olympics smashes so far...

CAST IRON OLYMPIC LEGEND!

Eddie represented Great Britain in the ski jump at the 1988 Winter Olympics.



SNOWBALL!



ANNA MIRTOVA Women's Freestyle Skiing

Eddie says: "In terms of wipeouts, that has got to be one of the best ones. There's no going back from that. Once your skis have gone, it's all over. She would have had to have hit the snow quite hard for both the skis to release."

RATING: ★★★★★



ELENA FANCHINI Alpine Skiing Downhill

Eddie says: "This is quite an impressive fall. She must have been travelling at quite a rate of knots to be that deep in the nets. Just the fact she went so deep, it must have been quite a fall. She would have been motoring."

RATING: ★★★

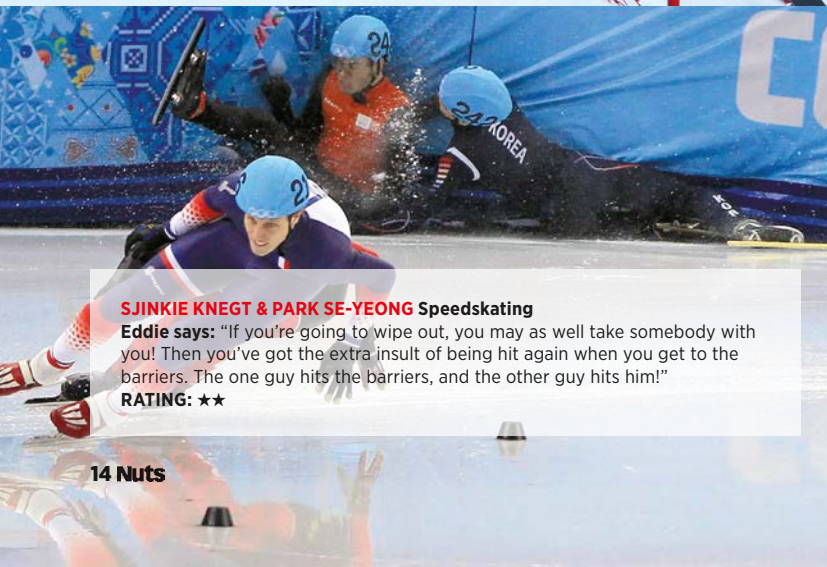
BURIED!



LIU ZHONGQING Freestyle Skiing Aerials

Eddie says: "He's obviously hit it quite hard because there's a great plume of snow and he's almost buried in it! So it must have been quite a big impact. I've buried myself a few times, but only in powder snow."

RATING: ★★★



SJINKIE KNEGT & PARK SE-YEONG Speedskating

Eddie says: "If you're going to wipe out, you may as well take somebody with you! Then you've got the extra insult of being hit again when you get to the barriers. The one guy hits the barriers, and the other guy hits him!"

RATING: ★★



JESSIKA JENSON Snowboard Slopestyle

Eddie says: "It looks like she's leaving half her face on the slope! Literally the rest of her body and her snowboard is still off the snow, and the only thing on the snow is her face. That is the ultimate example of a face plant."

RATING: ★★★★★



DANNY DAVIS Snowboard Halfpipe

Eddie says: "It's quite good, because usually the snowboard is below you, rather than you below the snowboard when you land. He looks like he's trying to slow himself down with one hand. Trying to get some sort of stability back."

RATING: ★★★★★

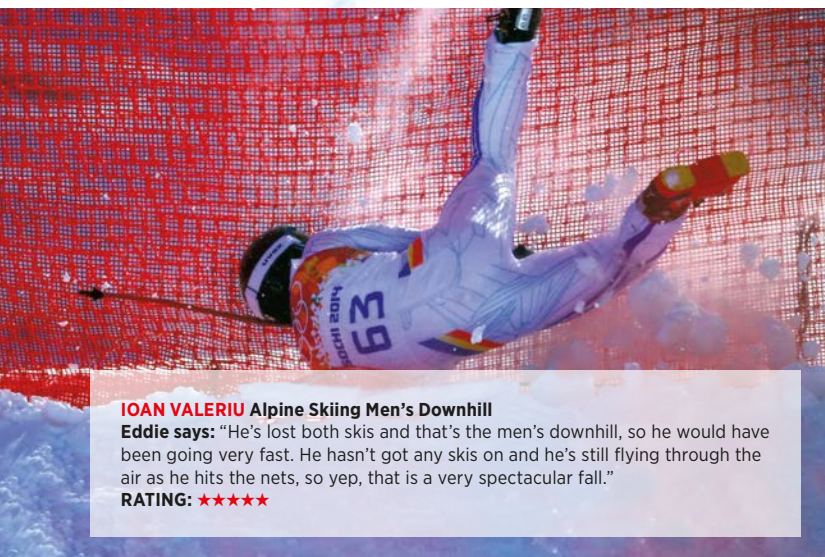


DEBAGGED!

HENRIK HARLAUT Freestyle Skiing Slopestyle

Eddie says: "It could have been worse – if it was Y-fronts he was wearing! His street cred would have been right out the window. But if he'd gone commando that would have got an even better score – six out of five!"

RATING: ★★★★★



IOAN VALERIU Alpine Skiing Men's Downhill

Eddie says: "He's lost both skis and that's the men's downhill, so he would have been going very fast. He hasn't got any skis on and he's still flying through the air as he hits the nets, so yep, that is a very spectacular fall."

RATING: ★★★★★



DEVIN LOGAN Freestyle Skiing Slopestyle

Eddie says: "She's obviously fallen over, but she still wants to show she's got style, with her legs and skis crossed like that, arms out. I think she's still trying to impress the judges, and get as many marks for her attempt as she can!"

RATING: ★★★



NICOLE PARKS Freestyle skiing

Eddie says: "She has taken the faceplant to a whole, new level! She's not only face planted, she's literally landed on her head and face! She didn't have time to do anything to protect herself. So, a very, very good wipeout."

RATING: ★★★★★



FOLDED!

SHI JINGNAN 1,500m Short Track Speed Skating

Eddie says: "As it's speed skating then I'd only give him probably a one out of five. He's not really going that fast. It's interesting that he's almost doubled up, so he might get an extra half mark for that."

RATING: ★



MICHAL LIGOCKI Men's Snowboard Halfpipe

Eddie says: "I always go by the rule that if you're going to fall over, fall over in style. Just for sheer style – he's upside down, he's waving to the crowd, saying, 'Wow! Look at me, am I cool or what?' It's a big success as a wipeout!"

RATING: ★★★★★

"Ugh! Someone get me a Lemsip! This cough's getting worse!"

EXCLUSIVE!

Evolve first play!

Five players. Four pack guns. One is a monster. Fight!



SO EVOLVE is a five-player multiplayer game. Four men with guns team up, hunting an alien monster (player five). Only the longer the beast survives, the bigger and more powerful he gets. So at some point the tables turn and the hunters become prey! We had a quick stab and it plays as good as it sounds. And it'll be yours on PC, PS4 and Xbox One around Christmas.

GET EVOLVING!

Monsters start each round with basic attacks but, by eating other creatures, they open up new powers – such as growing 30ft tall and breathing fire. To evolve, they build a cocoon, and are vulnerable while changing.

ELEPHANT GUNS!

Your gun seems impressive at the start, but the longer the alien lives, the more like a pea shooter it gets. The beast gets more powerful the more fauna it chomps, so by the end of the round, a one-on-one fight is suicide.

The bulls at Pamplona had really upped their game



HOW IT WORKS!

It's simple, really. If the hunters kill the monster, it's game over. If the monster puts the hunters down, it's game over. Guns have unlimited ammo, but a cool-down period. Plus, there are objectives to complete.

The new forest ranger meant business



London Zoo's new exhibit was a bit hairy

CHOOSE A CLASS!

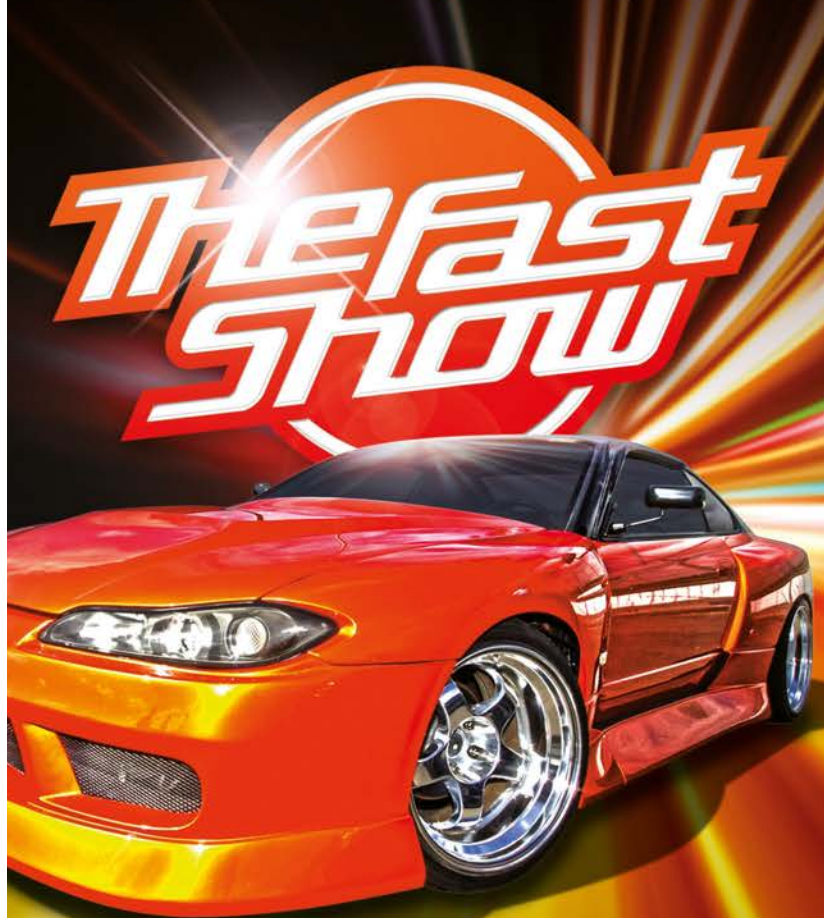
Each of the human players has a different set of skills. Hunters use electrified fence traps and detectors, medics heal other players, support class shields players and assault class just shoot the stuffing out of monsters!



"Predator was a pussy!"

THEY'RE DAVID, YOU'RE GOLIATH!

Players also fight the planet's other animals, but it's this Goliath you need to worry about. A hybrid of ape, snake and xenomorph, at first it can punch and climb walls, but you can add more skills with each evolution.



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Signposted from J14/15 M1



Jodi Albert

The Big Reunion shoot

This is a promo for Jodi's '90s lady band Girl Thing. The rest of the band were doing their hair/in the loo/locked in a cellar that day.

RUDE NEWS

A high five of lady stories! Don't leave us hanging...



Amy Willerton

In the Swiss alps

Amy hit the hot tub, selling stuff in the alps. Bikinis? Hot water? Who cares!



Imogen Thomas

On her hols, Dubai

It's week two in Dubai, and Imogen is still struggling to match bikinis. Exactly how dark are those sunnies?



Karen Gillan

In Not Another Happy Ending

It seems the second Karen left *Doctor Who*, she stripped to just a small hat for her next role. Jenna Coleman? You're fired!



Ferne McCann

On that Twitter

Ferne tweeted about fake tan, with this as evidence. That, or Sotheby's have upped their auction game!

Milwaukee

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90th
ANNIVERSARY

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- Charger
- Bag



If you would like to get your hands on some of the UK's leading power tools visit www.nuts.co.uk/competition to enter. The competition will run until Saturday 15th March with the winner being announced in the 25th March magazine.

YOUR Nuts

Your Letters!

THE LATEST OFFERINGS FROM
OUR BULGING SACK!

LETTER OF THE WEEK!

Her tape
measure was
a bit hefty

6 Inches 9 inches 12 Inches

Agony of choice!

Dear Nuts,
I don't know what the question was on *Eggheads*, but I have a theory.

PETE FELMAN Southend

Well, we're assuming the question was about pizzas.

"I'm saved! I was
about to shoot
the door down!"

Bog standard!

Dear Nuts,
Any chance of some fresh mags?

JORDAN SHENTON Afghanistan

Absolutely. We'll send some rival mags out too, in case you run out of loo roll.

Teen stole lamb and took it to Nando's

A TEENAGER stole a live lamb from a mountainside – then put it under a table in a Nando's restaurant.

Jordan Minett, who lives in Gwaunfarren Road, Merthyr Tydfil, pleaded guilty to a section four public disorder offence and theft at Merthyr Tydfil Magistrates' Court last week.

Feeling sheepish!

Dear Nuts,
Some news from Merthyr Tydfil.

CHRIS SANDERS Swansea

You might say this is a peri-peri good story [No, you might not – The Ed].



STEALTH BUMPING CORNER!

"It was my first day on the job and I decided to make friends with my colleagues!"

SAM Poole

OBESE CUMBRANS FATTEST IN ENGLAND
News & Star
BUY ONE GET ONE FREE MEAL
FOR EVERY READER SAVING UP TO £5.99
cafe zest
IN TODAY'S News & Star

Making a meal of it!

Dear Nuts,
Whoever did this poster certainly has a sense of humour.

BARRY SMITH

Cumbria

There's not much going on there in the way of chips, is there?

Banksy's new direction divided critics



That's the nuts!

Dear Nuts,
This graffiti has been there weeks but since they changed the billboard yesterday, it's given me a proper laugh.

RORY J via email

If this was in a fancy art gallery, it would make millions.

Win! £100 cash!

Readers, here's your chance to get your handsome mush in the magazine – and get paid for doing it! Just send your deliciously daft pics, pimped pets and Camera Phone Cuties to nutsletters@ipcmedia.com. The sender of the week's best letter wins a fantastic cash prize of £100! Editor's decision is final. Terms and conditions on page 60 apply.

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Don't look!

The page that makes you go, 'Eurgh!'

Jupiter's real shape surprised everyone

GAPING FOOT!

'The doctor stepped back and said, "Jesus!"'

This is what happens when you don't deal with your blisters!

➔ **USUALLY, WHEN** we've developed blisters on our feet, us chaps tough them out or pop 'em with a pin. But it was this stoic attitude that saw *Nuts* reader Robert Simmons from Southend ending up with a wound on his foot that led to over a month in hospital!

"It all started with a blister on my toe," explains the car factory employee. "I'm a diabetic, so I don't get

much feeling down there, so I just ignored it. It eventually went red, and then my toenail curled up and fell off, so I went to the doctor and he gave me antibiotics. But it worsened, to the point that I couldn't put my work boots on. So my work sent me to A&E. When I took my sock off, the doctor said, 'Oh Jesus Christ!' You know it's bad when that happens."

It was, indeed, very bad, so the doctors rushed Robert straight into surgery.

"At first, they cut off the top half of my toe and sent me home. But it got infected and when I went back, the nurse nearly fainted when the bandage came off. They took the entire toe off, right down to the ball and half my instep, and had to do a skin graft. Basically, the blister had turned into an ulcer and made a bit of a mess inside my foot."

So let that be a lesson, chaps. Don't ignore your blisters or they'll wreak vicious revenge.

ON THE MEND!



Win £1,000!

Think you can do better? Here's your chance.

The best "Don't Look!" picture published in 2014 will win £1,000 in cash!*

Submit your images and contact details to dontlook@ipcmedia.com

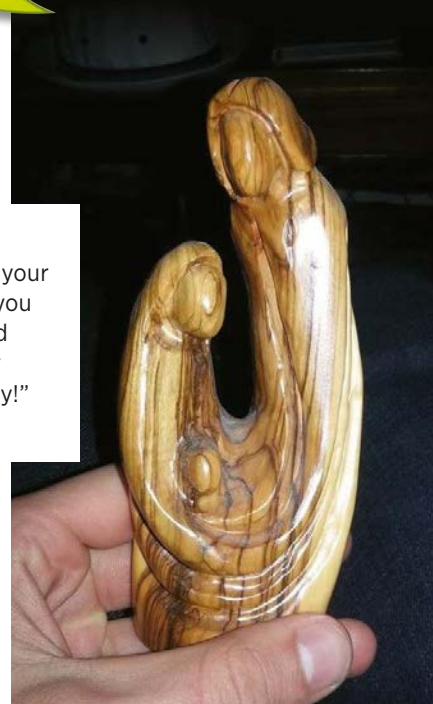
WORDS: PETE CASHMORE *EDITOR'S DECISION IS FINAL
TERMS AND CONDITIONS ON PAGE 60 APPLY

Camera phone comedy!

PIC OF THE WEEK!

"This is on top of the TV in my girlfriend's parents' house - are they religious or showing off their sex toys?"

KEITH RATHBONE
via text



Seen something daft? Snap it, send it in and win £100!



"I came across this sign in Beijing. Says it all, really."

KEITH via text



"Imagine the reaction from your missus when you give her a load of shellfish for Valentine's Day!"

IAN Cornwall

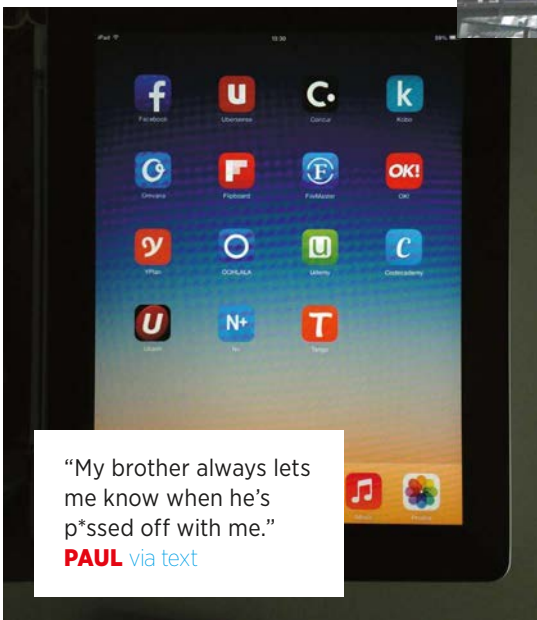


"I saw this shop in China. I wonder if I should ask for a pearl necklace!"

ANDREW BURTON via text

Win £100!

Email **nutsletters@ipcmedia.com** or text your pic to **0771 388 8008** (free texts, standard network charges apply*). Best pic** wins £100 cash to spend on lovely things!



"My brother always lets me know when he's p*ssed off with me."

PAUL via text

NAFF TATS CORNER



"My 'Bear Power' tattoo. Don't ask."

DAVE HUYTON
via text



29 February – the only day that a man doesn't want to see a woman on her knees in front of him!

JIM CORRIGAN Blackpool

For Lent, I thought I'd give up sexual innuendos, but it's so hard!

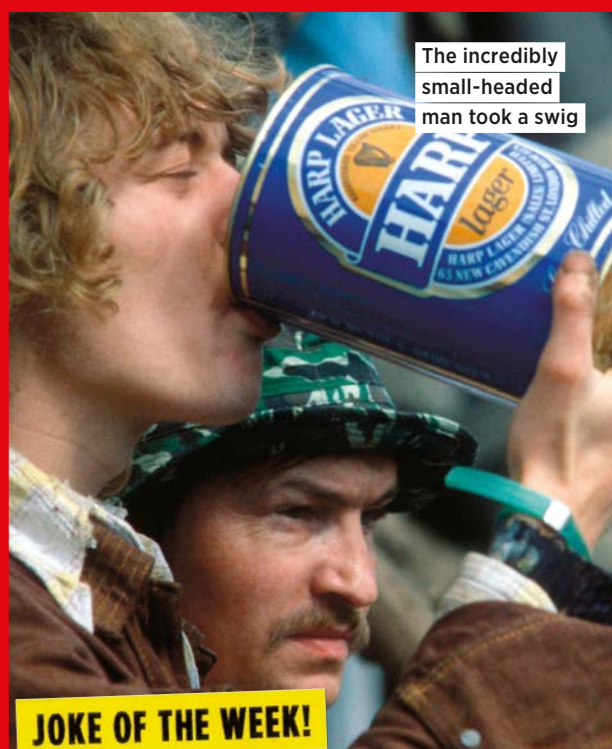
STU MASTERS Birmingham

I've just watched a documentary on the uses of a pickaxe. It was ground-breaking stuff!

MAX via email

It's obvious that my grandad takes Viagra. It sticks out a mile!

STEW via email



JOKE OF THE WEEK!

You must be jocking!

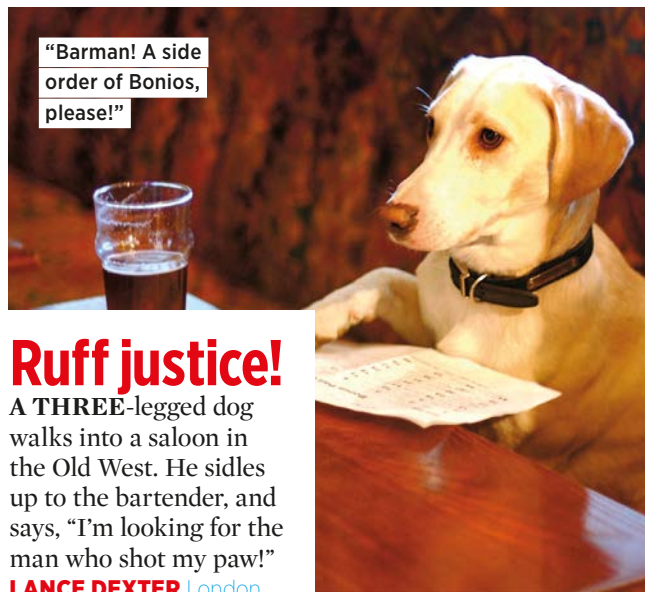
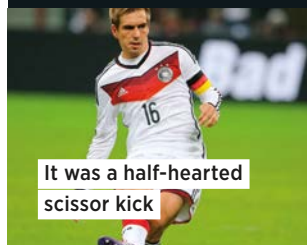
THE TORIES have announced a new policy that's guaranteed to bring down British binge – drinking by 95 per cent. They've called it Scottish independence!

MICHAEL HARGREAVES via email

On the ball!

MY MISSUS is leaving me because of my obsession with *Football Manager*. In my defence, I've got Lahm, Kompany, Cahill and Baines!

KEITH Oldham



Ruff justice!

A THREE-legged dog walks into a saloon in the Old West. He sidles up to the bartender, and says, "I'm looking for the man who shot my paw!"

LANCE DEXTER London



What a pair!

I WALKED into a pub and ordered a double. The barman went out the back and brought out a bloke who looked just like me.

MARTIN HARRISON London



A wind up!

I WENT to the doctor the other day. I said to him, "Have you got anything for wind?" He gave me a kite.

WILL UNWIN Winchester

Nip slip!

AN OLD couple are sat having breakfast in their dressing gowns when the old girl says, "My nipples are as hot for you now as they were when we were in our 20s."

"Aye, they would be," replies the old fellow. "One's in your porridge and the other's in your coffee!"

ANDY WASDEN Sheffield



Win top Jabra headphones!



Send your jokes to nutsjokes@ipcmedia.com. This week's best joke* wins two sets of headphones: some Jabra Sport Wireless+ headphones, which are perfect for use during a workout, and a pair of Jabra Revo Wireless headphones, designed for extreme flexibility! Visit www.jabra.co.uk.

*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 60 APPLY. SEND YOUR JOKES TO NUTSJOKES@IPC MEDIA.COM OR TO THE ADDRESS ON PAGE 60. PHOTOS: REX FEATURES, PA

FAMOUS BLOKES' JOKES!

Milton Jones:

"My sister's got hay fever, and now she has diabetes. I tried to cheer her up – flowers, chocolates..."

Stewart Francis:

"Is my wife dissatisfied with my body? A tiny part of me says yes!"

Tony Coward:

"The hardest thing about being a trainee proctologist is having to work your way up from the bottom!"

Alex Horne:

"My grandmother was beaten to death by my grandfather. I don't mean like that. It's just that he died first!"

Gary Delaney:

"A friend of mine keeps going on and on about how good his orthopedic shoe is. But I think he's built it up too much!"

A full-page photograph of India Reynolds. She is standing in a modern interior, leaning against a wooden console table. She is wearing a black, open-front robe over a black bikini top and bottom. She has long, dark, wavy hair and is looking directly at the camera. To her left is a lamp with a metallic, ribbed shade and a glass vase. To her right is a white orchid plant in a white pot. The background is a light-colored wall with a textured pattern.

INDIA REYNOLDS

India Reynolds!

The brunette beauty in some lovely lingerie!



INDIA REYNOLDS

**“I feel sexiest in
black stockings
and suspenders!”**



Hey India! How have you enjoyed today's sexy shenanigans?

It's been great, thanks! It's nice

to do solo shoots sometimes as you don't get into as much mischief. It's just been me, some sexy lingerie and a rain mac. I definitely feel sexiest in black stockings and suspenders, and stuff like that.

Have you ever actually done the whole "showing up with lingerie under a mac" thing?

Erm, no! I would, though. You see it in films a lot. I definitely would if I was with a bloke who was into that sort of thing. But can you imagine being searched by the police? Ha-ha!

Good point! Last time we chatted, you were getting into photography. How's that going?

It's great! It's tricky fitting it around the modelling, but I'm really enjoying it. I'm quite lucky that all my friends are sexy models, so I have lots of people to shoot who know what they're doing. I've got lots of pictures of Rosie Jones!

Not forgetting that the *Nuts* chaps posed in the buff recently for a charity calendar, does it feel weird to be on the other side of the camera?

Ha-ha! How amazing was that? I should have done the pictures for it. We could have done a proper role-reversal. You all did a great job. Hilarious!

Erm, thanks! Which sexy celeb lady would you love to shoot?

That's really hard. I'd love to shoot Kim Kardashian or Beyoncé. But do you know the dark-haired girl who was in the *Blurred Lines* video? [Emily Ratajkowski – *Nuts* Music Ed] She's amazing. I'd love to get her in front of the camera.

Will you see Beyoncé when she hits the UK next month?

No, I didn't get any tickets. I absolutely love her, so I'm gutted. But I did get Wireless festival tickets, which is ►

"I'm lucky, all my friends are sexy models!"



INDIA REYNOLDS

**“Getting
drunk with
Rosie Jones
is always a
good laugh!”**



good. I'm going to see Pharrell, which I'm proper excited about. And Kanye West, Drake, Rudimental... should be amazing! Plus I won't have to camp!

Not the camping type, then?

No, it's horrible! I can't cope with the mud. I can handle Reading Festival, but I can just pop home afterwards as I'm from there. Have you seen it when it rains there? It's gross!

Fair dos! Which other *Nuts* babes have hidden talents?

Holly Peers has been doing loads of make-up on shoots recently! She's really good. We could team up and do a one-stop glamour shop.

Any mad adventures recently?

Yes, we went to Las Vegas the other month...

Hang on, Las Vegas? You're always over there!

I know. It was amazing, and we raised loads of money for Help For Heroes, but we also had such a good time. We went to see Calvin Harris and had such a top night. It's just such a bizarre place – you feel like you're in a film.

So did you make any famous friends?

No, but we met one of Rihanna's security people, and he invited us to go to Barbados and party with them all. I was like, "Yes, sounds lovely!" Barbados and Rihanna in her bikini? Sounds like a plan. Let's do a *Nuts* shoot with her!

We'll certainly try. Your fellow *Nuts* fitties always accuse you of being the lightweight of the group. Is that unfair?

I'm definitely not the worst. I'm quite bad at drinking, but I'm no worse than the others, honest! I think they all turn on me because I'm an easy target. We did see one girl in Vegas who was so drunk that she got removed from the dance floor in a wheelchair. Everyone said that should be me one day... ►

"It's OK to have a sex mix. It's standard!"



A full-page photograph of India Reynolds. She is standing in a modern, dimly lit interior, possibly a living room. She is wearing black lace underwear and black high-heeled shoes. She has long, dark, wavy hair and is looking over her shoulder at the camera. Her hands are clasped near her neck. In the background, there is a large potted plant with blue hydrangeas and a modern chair.

INDIA REYNOLDS

“LL Cool J
and Drake
get me in
the mood
for love!”

Oh dear! Are you ever just in the mood for a quiet night in with a mug of cocoa and an episode of *Great British Railway Journeys*?

Yeah, but clubbing with Rosie Jones and getting really, really drunk is always a good laugh. We love dancing and acting the fool. Fortunately, nightclubs are quite dark so we don't look too ridiculous!

And does it matter if a chap can't dance?

Er, nah, not really! If you can't dance, don't attempt it. It's better to wait in the wings and look all cool and mysterious rather than swinging your arms about like a drunk orangutan, although don't turn into a creep who just stares.

So it was Valentine's last week. With that in mind, what seduction tips should every chap take on board?

I personally feel like taking a girl out just because Valentine's Day is a bit lame. It can be so awkward and forced. Girls prefer blokes to be spontaneous and stuff like that. So if you're trying to impress someone, take them somewhere where it's just the two of you, and do it out of the blue. Oh, and buy her flowers at least once a month.

Is it acceptable for a bloke to have a "sex mix" playlist?

Yes, that's standard! It's OK to have a sex mix.

So what would be on your mix? What tunes get you in the mood for love?

Oh no! Ha-ha! I'm on the spot, now. Beyoncé would be on there, and I'd have LL Cool J, a bit of Drake, some Miguel and some old-school soulful classics like Marvin Gaye. That'd get me in the mood.

Thanks for the chat, India.

Finally then, would you consider releasing an album with some other *Nuts* babes?

Oh my god, yes! "*Nuts Girls Present: Sex Songs!*" I can see it now. Please can we do that? Ha-ha! ▶

**“Let’s do a *Nuts* shoot
with Rihanna in a
bikini in Barbados!”**





The lovable scamp spills the beans on his mad post-CBB life!

Hi Dappy. How's life been since leaving the *Celebrity Big Brother* house?

Amazing. It was amazing before and it's just slightly better now.

Do more people come up to say nice things?

I got recognised before, 'cos I'm a character, innit? But it's changed people's perception of me. People aren't judging the book by its cover any more.

Luisa seemed obsessed with your willy. Has she seen it since leaving the house?

Um, ha! No, she hasn't.

Is your willy pleased it's become such a national talking point?

Well, yeah. It's good. It can't even get through customs, mate. It's got its own heartbeat and everything. I need to get him a passport now. Ha!

Who gave the best nipple-suck, you or Luisa?

God, you did watch a lot of *Big Brother*, didn't you? I did it for a bit longer, so I'll say me. She knows what she's doing. She didn't want to act up too crazy in front of the camera. I understand that.

You said you were going to buy a Lambo with your appearance money. Is it parked outside your house?

Oh, don't worry about that. That's for me to know. I'll tweet an Instagram picture very shortly.

But didn't you agree to do the show because you were a bit, er, skint?

I was far from skint. I was very financially stable. It's just made me a little bit more financially stable. I had a massive record deal and money stacked up from endorsements. I don't know why the papers say things, but you've got to meet



someone and talk with their accountant before you say they've got no money.

If Fazer and Tulisa don't want to reform N-Dubz, might you reform with Liz Jones and Jim Davidson instead?

I'll make a group with Jim. Ha! Jim's a good friend. He's very quick-witted, smart and intelligent. He taught me a lot in a short space of time.

The *Big Brother* production team clearly came into the house at times. Did they help you cheat at tasks?

We didn't see no one come into the house. The only thing we saw were chickpeas, tins of tomatoes, blimmin' aliens and goo and paint. We didn't see another person for 26 days.

Really? Surely they just told you to say that...

Really, bruv.

What are you most upset at getting told off about?

Just being naughty. We did some sh*t in the house. I saw so much it would be telling if I said anything.

You got some flak for not flushing the bog...

I only went in there and p*ssed. Then Lulu, Miss Bossy Boots, said, "It was Dappy who p*ssed and didn't flush." I don't want to say the things I saw down that toilet. I didn't go running out saying, "Someone's left a poo the size of a Coke can in the toilet."

What's your toilet etiquette at home, Dappy? Just a wee, leave it be? Number two, flush the loo?

I'm not talking about this. I don't even have a bum. My legs go straight into my back. I don't even fart!

Would you be better behaved in real life if you had to report into a *Big Brother*-style diary room every day?

I've always been well behaved. The house has taught me how to separate Costas [Dappy's real name] from Dappy. When my mum used to say, "Come and eat on the dinner table," I'd say, "Nah, I want to eat in front of the TV." I lost my family, then my dad. Going into the house has made me appreciate my loved ones. I'll always be hard-bodied on the outside, but everyone's got a heart, everyone's got a soul. Going into the house shattered my bad-boy barrier, but in a nice way.

They extended the show by four days. Did you get paid more for it?

Of course. We knew it was the best *Big Brother* so far, so we wanted to stay.

What was your favourite moment from your time in the *CBB* house?

The clock game, when the bell rings and they send a family member through. I loved the bit where Jim's wife and daughter came in, and Sam's mum. It made me cry. I cried for strangers.

IT'S DAPPY!

That could be the title of your next single. A new, more sensitive direction...

Ha!

Do you feel bad about having a go at Luisa for going to a sex party? Surely you and Fazer have hosted your fair share in your time?

No. I've had a threesome a couple of times, but I've not been involved in that, whipping people and sticking objects in their mouths.

Were these threesomes with two girls, a girl and a man, or two other men?

Me and two girls. That's the most I've done.

Would you like to do *I'm A Celebrity*...

In the jungle? I'd entertain everyone, but I don't like bugs and spiders. You'd see me scream like a little girl when it comes to that.

What else makes you scream?

I don't like being in the shower with wet tiles and hair and sand on the floor. That texture on my feet. Oh my god, I hate that.

How did you get kicked in the face by a horse last year?

It was crazy. We had a measure up and he got jealous so he kicked me in the face. Ha! It knocked me out. It put me on my bum.

Has it had any long-lasting effect on you? Horsey nightmares, maybe?

My nose was in a really bad condition. My nose ended up under my left eye. I had to get cosmetic surgery straight away. I looked up at the doctor and said, "Please save my nose" and when I woke up it was back to normal.

Thanks for the chat, Dappy! Do you think people who might have thought you were a bit of a wally like you now?

Of course. If they don't, I don't know what's wrong with them!



HEALTH AND SAFETY FAILS!

From the daft to the dangerous, these blokes are truly NSFW!



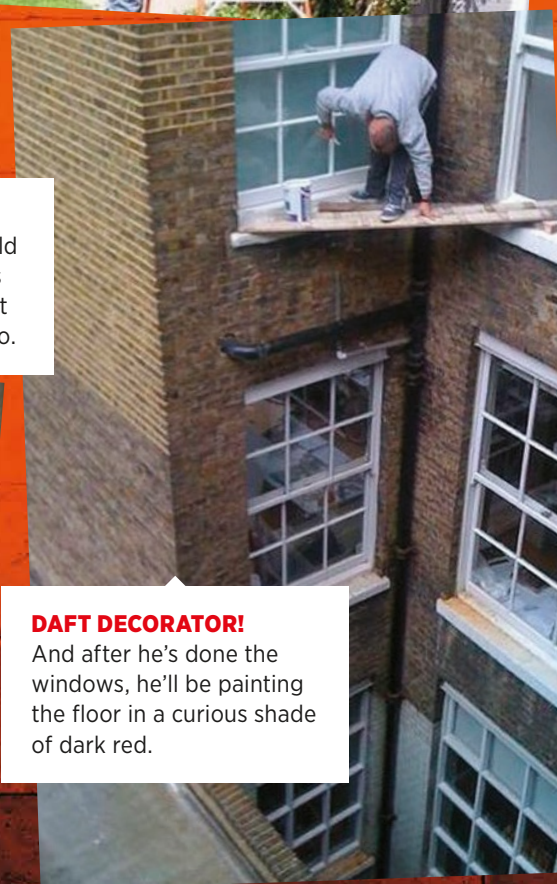
HEDGE HOWLER!

This looks like the perfect start to a *Nuts Don't Look!* story, or an episode of *Casualty*. Either way, yikes!



FALLING SHORT!

When this chap's boss told him to reach for the stars he probably didn't expect this gut-churning scenario.



WELDING WALLY!

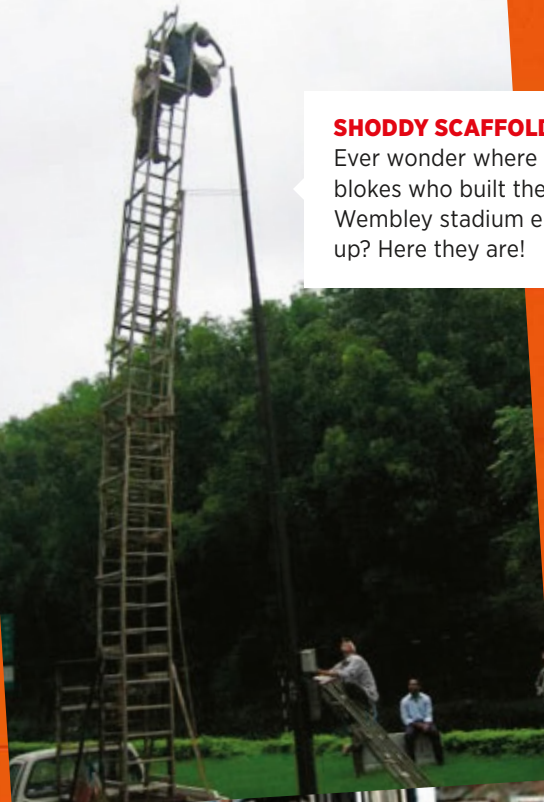
Is this a workshy welder or is it Shia LaBeouf getting carried away at an Oscars after-party?

DAFT DECORATOR!

And after he's done the windows, he'll be painting the floor in a curious shade of dark red.

SHODDY SCAFFOLD!

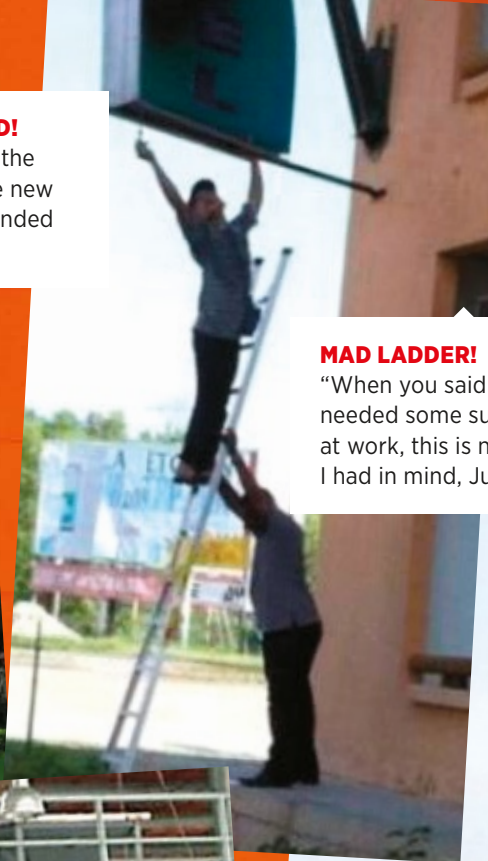
Ever wonder where the blokes who built the new Wembley stadium ended up? Here they are!



WALLIES AT WORK

MAD LADDER!

"When you said you needed some support at work, this is not what I had in mind, Julie!"



EVEN MADDER LADDER!

Q: How many numbskulls does it take to change a light bulb?
A: See image on right.



FORKLIFT FOULPLAY!

Sterling work, fellas! We'll remember this next time we can't reach a desk in the Ikea warehouse.



WACKY WORKMEN!

This is one way to work in a sewer... albeit the completely wrong and unsafe one.



SILLY SPARKY!

Onlookers will have been shocked and stunned by this, much like the chap himself is about to be.



A man in military attire, including a black cap and a dark jacket, is shown from the waist up, looking back over his right shoulder. He is holding a black handgun in his right hand. The background is a dark green world map with a grid of latitude and longitude lines. A large, semi-transparent circular radar overlay is centered on the man's torso. The radar has a grid of concentric circles and radial lines, with numerical values (e.g., 120, 132, 144, 150, 156, 162, 168, 174, 180, 186, 192, 204, 210, 216, 222, 228, 234, 240, 246, 252, 258, 264, 270, 276, 282, 288, 294, 300, 306, 312, 318, 324, 330, 336, 342, 348, 354) around its perimeter. The title "HOW TO SURVIVE IN ENEMY TERRITORY!" is written in large, bold, white capital letters across the center of the radar overlay. At the bottom of the image, there are two green audio waveforms on either side of the man's legs.

HOW TO SURVIVE IN ENEMY TERRITORY!

Nuts hears the incredible stories of former SEAL Joel Lambert, and they're not for the faint-hearted...

H

ello Joel,
tell us
how you
became
a Navy
SEAL?

When I was ten years old, I heard a story about one of my father's friends who had attempted Navy SEAL training. He took part in an exercise where his hands and feet were tied behind his back, he was thrown into the deep end of a swimming pool and basically told to survive. Every time I would go into the pool, I would think of ways I could get out of a similar situation. Fast-forward to my early 20s and I still wanted to test those survival instincts. So I sold everything I owned and trained for a year.

What's the process for becoming a Navy SEAL?

First, I had a daily BUD/S training program [Basic Underwater Demolition/SEAL]. That consisted of running five miles in boots, swimming a mile in fins, then doing 400 push-ups, 500 sit-ups and a couple of hundred pull-ups. That was four days a week and was brutal.

Were you ever in genuine danger in training?

Yeah, this one time we were doing the "double duck", which is where you parachute two Zodiac boats into the ocean and skydive after them. The weather was really bad that day and as I opened my parachute, the winds picked up unexpectedly. I wasn't able to remove my leg straps before hitting the water, so was dragged through the ocean by my 'chute. Just as I managed to get them off I realised my cords were completely tangled around me. To

make matters worse, the parachute started to sink, pulling me down with it.

How did you get out alive?

I blew my emergency whistle but the rescue boats were helping out another trainee. I was thinking: "This is it. I'm going to die." When help finally arrived, I'd been underwater for several minutes. I climbed onto the boat, took a moment, and then jumped back into the water to complete the exercise.

Why did you continue?

You can't dwell on setbacks. It doesn't matter whether you're in a training exercise or a combat situation – a truly skilled warrior replaces his fear with focus.

What made you agree to take part in new survival TV show *Manhunt*?

A friend got in touch and said he knew someone looking for someone with a survival background. I sent my information over to the producer, who called me back. I found out he was an ex-Special Forces soldier – not your typical Hollywood type. We wanted it to be a genuine escape and



Joel trekking in Panama on survival show *Manhunt*

evasion scenario – and believe me, this is as real as it gets.

There's genuine jeopardy?

I have no weapons, support, food, water or communications and have 48 hours to make it through enemy territory to an extraction point. We're up against genuine tracking units.

Were you familiar with the units you were up against?

Yes, but even though they all had fierce reputations, I couldn't allow myself to be intimidated. The moment they get into your head, they've won. Before every mission I researched each team thoroughly. I wanted to identify their strengths so I can avoid them and their weaknesses so I could exploit them.

What was the biggest challenge you faced?

The most difficult thing was trying to stop clueless cameramen from giving away my location! Being ex-military, my producer was a real asset, but the guys doing the filming were not. There was a tense dynamic between me and the crew, because they were trying to make a TV show and I was trying to evade capture.

Do you have any horror stories from the filming?

We were in Panama travelling by boat in the middle of the night when

a flying fish leapt across our vessel. We were laughing about it when I realised our producer Brian wasn't speaking. I shone my torch on him and saw his face was covered in blood. We all assumed the fish had cut him, but he was rushed to surgery and we were told the fish had pierced through his neck, and was lodged a centimetre away from his carotid artery. Surgeons had to go in from the other side of his neck and pull the fish through.

Blimey! So it's quite intense stuff...

Absolutely. I took quite a battering. Every morning, my bed sheets would be soaked in blood!

How did you manage to evade capture?

I find the best counter-tracking manoeuvre is simply to get inside the trackers' heads. They think I'm the prey but, if you're smart, you can turn that around and gain the advantage.

So how would you turn the tables on them?

Setting up booby traps is effective. They aren't deadly, but they do slow the trackers down. In the Philippines, I set a trap where a sapling springs out when someone steps into a trip wire.

Thanks, Joel, finally, in all honesty, could anyone become a Navy SEAL?

Yes and no. There's limitless potential in every one of us, but the cost of achieving that potential is so high that few of us will ever achieve it.



● *Manhunt*, Thursdays, 9pm, Discovery/HD.

Navy SEAL facts!

- Navy SEALs make up less than one per cent of all US Navy personnel, and they specialise in clandestine, small-unit missions.
- Eighty per cent of those who volunteer to become a SEAL drop out before completing the elite BUD/S training.
- The most notorious part of training is "Hell Week" – five and a half days of brutal conditions on fewer than four hours of sleep.
- The trident worn on the uniforms of Navy SEALs is nicknamed the "Budweiser".

A full-page photograph of Helen Flanagan. She is wearing a light green lace lingerie set consisting of a bra and a matching bottom piece, both adorned with small purple bows. She has long, wavy red hair and is looking directly at the camera with a slight smile. The background is a solid dark grey.

EXCLUSIVE!

Helen Flanagan!

Get a load of her sexy new look!

HELEN FLANAGAN



HELEN FLANAGAN

**“I feel sexier
with red hair -
I’m passionate
and fiery!”**



Hi Helen! You're looking sexier than ever. What inspired you to go over to the red side?

I wanted a change. I was blonde for quite a long time and wanted to change my image a bit. I was the blonde in the jungle. New Year, fresh start. I feel sexier with red hair. It suits my personality – I'm quite passionate and fiery!

Which raunchy redheads do you have a girl crush on?

I love Lucy Collett. She's beautiful and we're quite similar personality-wise. We're planning a girls' night out soon. We get each other. I also think that Gracie Lewis is stunning.

We agree! Are you any closer to arranging a sexy shoot with Lucy Collett – or indeed any of the other *Nuts* babes?

I'd do a sexy shoot with Lucy – it would be fun. I very much admire other women's beauty. All women are beautiful in their own way.

What's this about *CBB*'s Luisa having a pop at your boobs?

Well, for the record, she has beautiful boobs. Ha-ha! And I never said she wasn't classy. [As Luisa claimed in an interview with a women's mag – Ed] I think we're two really head-strong women. I regret my tweet saying that some of her behaviour was not lady-like. It's not nice to judge someone and I'm a girl's girl. I don't like to be negative to any women. So, big love to Luisa!

Let's all have a big hug! In other news, we saw you met former *Stig* Ben Collins recently. Would you ever go on *Top Gear*?

I used to watch *Top Gear* all the time with my dad and I love my cars. If I'm ever away, I can't wait to come back and drive my car.

How would you do as the *Star* in a Reasonably Priced Car?

Probably rubbish, which is quite contradictory as I just ►



HELEN FLANAGAN

**“For the record,
I think Luisa
has beautiful
boobs!”**



said I love driving. Ha-ha!
But I'd be quite cautious.
I don't drive my car like an
idiot, is what I'm trying to say.

**We've seen you driving some
nice motors in your time. What
will be your next car?**

I'd like a Lambo. A black one.
I'm very independent when
it comes to cars – I like that
about myself. I think that's
sexy. But I don't want to
change my car at the moment.
I'm quite happy with what
I have and feel very lucky.

**Which three random celebs
would you love to be stuck on
a road trip with?**

Kelly Brook would be good, as
I admire her. She's a lovely lady
and is always very nice to me –
we get on really well. I love her
photos, they're very classy and
sexy. Then, of course, my crush
– Leonardo DiCaprio! Finally,
Luisa, so we could clear the air!

**Is it true you're planning to
crack Hollywood this year?**

I might go to LA in April.
I'm ambitious and driven, but
I also think what's meant to be
is meant to be and you'll only
regret the things you didn't
do. You should always do
something each day that
scares you – within reason!

**What would be your ideal
movie role?**

I love strong, complex female
characters. I'd love to do
something like *Girl, Interrupted*
or *Gia* – something gripping.

**Is it better to play a baddie
or a sexy innocent girl who
gets into mischief?**

I don't like playing baddies
because it's harder to get into
character. I genuinely think
if a girl's acting like a bitch,
there's a reason behind it.

**Nice one! Finally, you always
seem to be out partying. How
the hell do you relax?**

I unwind with exercise. I swim
a lot at home to de-stress,
especially as I'm naturally not
a very chilled person. I like
to get stuff done. ►





**“I’d love to
do a sexy
shoot with
Lucy Collett!”**



HELEN FLANAGAN

**“I think if a girl’s
acting like a bitch,
there’s a reason
behind it!”**



Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!



TRUE DETECTIVE

SATURDAY • Sky Atlantic/HD, 9pm

Matthew McConaughey and Woody Harrelson get gritty in HBO's latest.

"Is he weeing
on my shoe?"

Friday 21 February



The Human Centipede's
latest victims puckered up

8 Out Of 10 Cats Does Countdown

CHANNEL 4/HD • 9pm

It doesn't seem like it should work, but we might even prefer Jimmy Carr and co's mash-up with the words-and-numbers game to their regular panel show. There are a couple of top guests in tonight's one-off, too, in the form of James Corden and Jack Dee. Ace!

★★★★

46 Nuts



"But there's an Ikea
over the road, Ben..."

Ben Fogle: New Lives In The Wild

CHANNEL 5/HD • 9pm

In the last in the series, Fogle travels to Panama to visit an Englishman who sold all his belongings and bought an island for £30k. So, do they kick back with a beer and admire the view? No, they build jungle canoes and send weather reports via a basic radio. Cool!

★★★



"Whaddaya mean
only girls wear hats?"

Mob City

FOX/HD • 10pm

It was announced the other week that this gangster romp from the bloke behind *The Walking Dead*, Frank Darabont, won't be returning for a second series. We're not surprised, as it's been flatter than a southerner's Yorkshire pudding, so let's hope it at least goes out with a bang tonight. Stick to zombies, Frank!

★★★



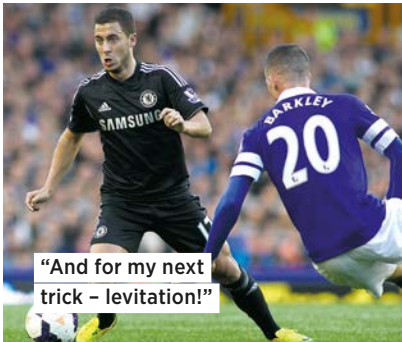
**PUT YOUR
MONEY WHERE
YOUR MOUTH IS**

BBC ONE/HD •
4.30pm

Poshos attempt to buy antiques, flog them at an auction and the one with the most profit wins. Just spiffing, old bean! Or not.



Saturday 22 February



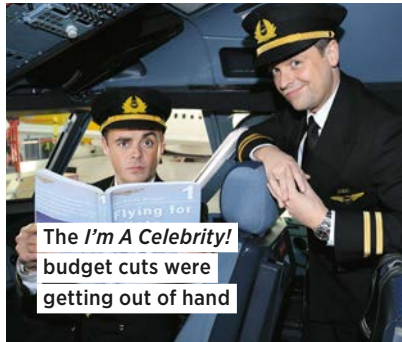
"And for my next trick – levitation!"

Chelsea vs Everton

BT SPORT 1/HD • Midday

It's the first fixture of the weekend, so City and Arsenal fans will be tuning in to see if the "Little Horse" keeps trotting its way to another Prem title. Everton would do well to come away with anything today, though – they've only won two in 19 at Stamford Bridge.

★★★★



The *I'm A Celebrity!* budget cuts were getting out of hand

Ant & Dec's Saturday Night Takeaway

ITV/HD • 7pm

The Geordie scamps return for an 11th series, so expect the familiar mix of undercover pranks, surprises, star guests and competitions to set you on your way for a night down the boozier.

★★★

NEW SERIES!



"Yep, it's definitely a wall with big words written on it. Yep"

True Detective

SKY ATLANTIC/HD • 9pm

If you like your crime dramas splattered with action and violence, this new series may not be for you. A dark, slow-burning American noir heavy on intrigue, it spans 17 years as homicide detectives Matthew McConaughey and Woody Harrelson hunt for a serial killer, starting in 1995 Louisiana. And it's utterly fantastic, so stick with it.

★★★★★

★★★★★
**FIGHT
— OF THE —
NIGHT!**
★★★★★

**DARREN
HAMILTON VS
CURTIS
WOODHOUSE**

**SKY SPORTS 2/
HD • 8pm**

Ex-footballer Curtis Woodhouse fights for the final time for the UK light-welterweight belt.



Sunday 23 February



"On your marks... Get set..."

Live Football

SKY SPORTS 1/HD • 12.30pm

Your usual Sunday brace of Premier League football sees Villa travel to Newcastle for the 12.30pm kick-off, while the main event is Norwich vs Spurs. All except Spurs have struggled to score recently, but two nil-nil on a Super Sunday's unheard of! Come on Remy/Benteke/Hooper/Adebayor – stick a few in the net!

★★★★



There's nothing like a nice drive in Somerset

Top Gear

BBC TWO/HD • 8pm

We featured the hand-built, bespoke supercar, the Touring Superleggera Disco Volante in our issue out 24 April, 2012, so it's nice to see the *Top Gear* chaps getting up to speed as this week Jeremy gets behind the wheel of this gorgeous motor. Elsewhere, Capt Slow pootles around in some Caterhams and Jack Whitehall drives an Astra.

★★★★★



Next summer's hottest item: the flak jacket!

Hawaii Five-0

SKY1/HD • 9pm

Tonight's episode begins with the appearance of a man apparently risen from the grave, given his zombie-like state and inability to respond to police warnings that they're going to shoot him. Which they do. They discover his trance-like state is caused by a new drug doing the rounds on the paradise isle, known as The Devil's Breath.

★★★

**ONE
WITH THE
MISSUS!**

**THE ONLY WAY IS
ESSEX**

ITV2/HD • 10pm

Well, that's Sunday and Wednesday evenings taken care of for a while – Billie, Sam, Jessica et al return for a new series of the show your missus loves even more than you!



Monday 24 February



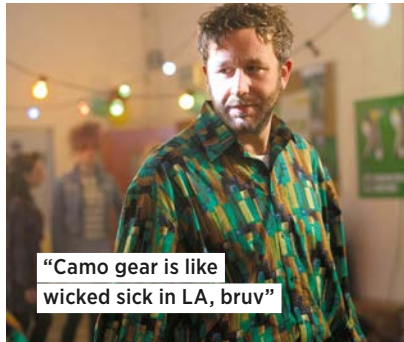
They really wished Rachel hadn't had the beans at lunch

The Gadget Show

CHANNEL 5/HD • 7pm

The IT crowd return for series 19 of tech-fondling japery. This week, Ortis Deley returns to the gang, looking at why the humble desktop PC is going the way of the dodo. But the real news! Roving gadget honey Pollyanna Woodward seems to have been dropped! Right. We're writing to our MPs. The campaign starts here!

★★★★



"Camo gear is like wicked sick in LA, bruv"

Moone Boy

SKY 1/HD • 9pm

The first day at big school brings a moment of awakening for 11-year-old Martin as he meets art teacher Miss Tivnan and immediately falls for her exciting bohemian ways. He decides to invite her to the school disco but faces rivalry for her affections from imaginary friend Sean (Chris O'Dowd) and PE teacher Brian. Cringingly hilarious.

★★★★



They really wished Roisin hadn't had beans with Rachel at lunch

Impractical Jokers

BBC THREE/HD • 10pm

It's the second series of the hidden camera prank show where a bunch of berks do daft challenges in public or face a humiliating forfeit. It's basically Nekomnating without the booze or sexy girls. Not bad, but for real laughs, check out the US version it's based on.

★★★



WEATHER CAUGHT ON CAMERA

EDEN/HD • 8.30pm

A look at some of the dramatic footage that ensued when 2005's Hurricane Katrina hit the US mainland, with some very bold storm chasers following in its wake.



Tuesday 25 February

● New issue of *Nuts* on sale today!



"Who thinks we can win anything this season? Put your hand down, Jonny"

Olympiakos vs Man United

ITV/HD • 7.30pm

United certainly got the spawniest draw from the English knock-out crowd, but even though they've been seriously weakened by the move of Kostas Mitroglou to Fulham, Olympiakos are no mugs, sitting pretty at the top of the Greek Superleague.

★★★★★

50 Nuts



"Wipe that stupid smile off your mush!"

Pramface

BBC THREE/HD • 10pm

BBC Three's been responsible for a real mixed bag of comedies over the years, ranging from awful to awesome. Thankfully, this falls firmly into the latter category. The third series following a young couple bringing up a baby begins with the pair getting their relationship back on track... sort of. Genuinely witty stuff.

★★★★



The news that Ivor The Engine was back on TV went down a storm

The Valleys

MTV • 10pm

The hit reality show's back for a new series of mischief, along with its crew of fun-loving Welsh fitties. The good news? There's a new cast member. Yay! The bad news? It's just some hairy bloke who gets his kit off for a living. Boo! Ah well, we've still got the likes of Lateysha and Jenna to keep us interested. Good fun.

★★★★

Death By Dull!



THE GREAT BRITISH SEWING BEE

BBC TWO/HD • 8pm

No, not what the stripy insects do on their days off – it follows people out to become Britain's best stitcher. Ugh.



Wednesday 26 February



Thor: The Dark World

SKY BOX OFFICE/HD • From 6am

With the first *Thor* grossing over £385m, a sequel was a veritable stick on. And this is definitely the superior movie, with Christopher Ecclestone making dark elf Malekith a fine villain and Tom Hiddleston stealing the movie – again – as naughty Loki.

★★★★



Galatasaray vs Chelsea

SKY SPORTS 1/HD • 7pm

Chelsea head to Turkey for the first leg of their Champions League encounter with a side that includes Wesley Sneijder and, more intriguingly, former Stamford Bridge hero Didier Drogba. We wonder if he'll celebrate if he scores?

★★★★★



Line Of Duty

BBC TWO/HD • 7.30pm

The second series of the crime thriller about a police anti-corruption unit has continued in much the same vein as the first – grippingly, with an authentic edge that rivals the best of the brilliant Scandinavian crime dramas doing the rounds. Tonight, Denton is attacked while on remand in prison awaiting trial.

★★★★★



Thursday 27 February

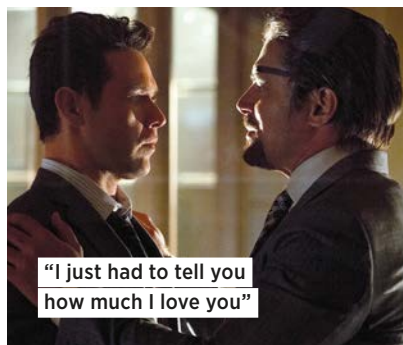


Napoli vs Swansea

ITV4/HD • 5.30pm

The Swans have done enormously well to get this far, but even the kindest of pundits would struggle to not back Napoli in the Europa knockouts. With the likes of Higuain, Mertens and Behrami lining up, Swansea will have to bring their A game/pray.

★★★★



Arrow

SKY1/HD • 8pm

More superhero silliness. This week, lantern-jawed-billionaire-turned-crime avenger Oliver Queen is asked to investigate Sebastian Blood, who's clearly a wrong 'un with a name like that. Even so, Arrow's conflicted, because Blood's also the man he supported for Mayor. It's all in a day's work for a super crime-buster though.

★★★



Suits

DAVE/HD • 9pm

More exemplary New York legal cut and thrust, starring immaculately turned out big brains. And it's nice to see that after dying in the Red Wedding, *Game Of Thrones*' Catelyn Stark (Michelle Fairley) is doing alright for herself, guesting as the surprisingly saucy oil exec Ava Hessington (and in the upcoming 24). Get her!

★★★★



Nuts **REVIEWS**

MOVIES



They loved to taunt the passengers in standard class



She hadn't quite got the hang of seatbelts



NYMPHOMANIAC VOLUMES I AND II

22 February • 18

Charlotte Gainsbourg's self-diagnosed nympho

looks back on her life and weird loves. Featuring real sexual

shenanigans performed by (bottom half) body doubles, you'll see (among others) Shia LaBeouf and Uma Thurman do their best orgasm face. But be warned: clocking in at over four hours, this head trip is far from sexy. ★★★★★



"When I open my eyes, your beret had better be on!"



STALINGRAD 3D

21 February • 12A

Russia's biggest-ever box office hit follows a band of Russkies defending their city from the advancing Germany army. Intense. ★★★



"Big match, huh? Wait till you see the cigarette!"



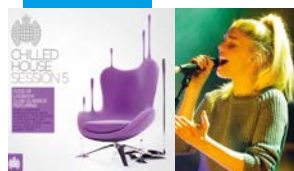
THE GODFATHER PART 2

21 February • 15

Experience Robert De Niro on the big screen at his

rampaging best in this superior Mob classic sequel. ★★★★★

MUSIC



MINISTRY OF SOUND CHILLED HOUSE SESSION 5

Forget all the rubbish that the bum-end of winter has to throw at you and stick this session on. ★★★★★



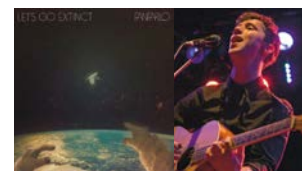
WE ARE THE IN CROWD WEIRD KIDS

If you like a bit of pop-punk, you could do worse than check out this effort from this baby-faced, sweepy-fringed New York outfit. ★★★



THE WOLF OF WALL STREET SOUNDTRACK

Enjoy the super-slick movie? Then carry on that '90s banker vibe by sticking this album on and burning all your hard-earned money. ★★★



FANFARLO LET'S GO EXTINCT

Folky, poppy effort from the London six-piece that's a good album to stick on while you potter around on a lazy Saturday aft. ★★★

RATINGS: ★★★★★ Genius ★★★★★ Very good ★★★
Investigate ★★ Alright ★ Rubbish

DVD & BLU-RAY

"Tell me honestly,
are the feathers
too much?"



GAME OF THRONES - SEASON 3

DVD & Blu-ray • 15

We may struggle to work out what the hell's going on half the time, but there's little doubt *Game Of Thrones* is one of the

most essential – and entertaining – TV series of the decade so far. With series four of the medieval fantasy hitting our screens later in the year, it's the perfect time to catch up on the ten most recent episodes. And now you can. With this. ★★★★★

APPS



BETFUZE

iPad

Lets you compare odds from the major bookies and gauges the feeling of the public to various punts via crowdsourcing. ★★★★★



DARK SKY

iOS

Gives local forecasts an hour in advance. Perfect if you're nipping down the pub and want to avoid a soaking. ★★★★★



YONDERLAND - SERIES 1

DVD • U

If you dismissed this comedy fantasy with *Muppets*-style puppets as just for kids, give it a proper chance. Hilarious! ★★★★★



THE FIFTH ESTATE

DVD & Blu-ray • 15

Benedict "Sherlock" Cumberbatch is remarkable as WikiLeaks founder Julian Assange in an otherwise slightly flat thriller. ★★★



**"STYLISH
AND GRITTY"**
INFLUX MAGAZINE



**OUT ON DVD & BLU-RAY
17TH FEBRUARY**

available at

hmv

*While stocks last.



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"Stop right there, gardener! You've ruined my begonias!"



THIS WEEK!

Dead Drop

Punch-ups! Mid-air shootings! Mental Mexican drug gangs!



DEAD DROP

17 February • 15

When the idea of a *Nuts* Fight Club was mooted, we didn't have any takers in the office, so instead we started the *Nuts* Film Club. Every couple of weeks, when money starts getting a bit tight, we grab a few beers, crack out the popcorn and stick on a DVD we've been sent.

Men getting punched in the head, explosions, car chases,

the sound of automatic weapons popping off... action films rule, right? Well, this week's selection was *Dead Drop* – a crime thriller set in Mexico.

It stars Luke Goss, who used to be a drummer in boy band Bros (ask your mum!) as government agent Michael Shaughnessy. When the film starts, Shaughnessy is having a punch-up on a plane with a man called Santiago, who shoots him in the gut and slings him out the door. Which would

be bad enough ordinarily, but the plane's 5,000 feet up and Shaughnessy doesn't have a parachute!

Now, obviously, Shaughnessy survives the fall (hey, it'd be a pretty short film if he didn't!), but he's none too happy about his in-flight treatment. It transpires that he had been investigating a Mexican drug gang who now believe him dead. The perfect cover, therefore, to infiltrate the gang and wreak his revenge!



"One more strike and the cuddly diplodocus is mine!"



"Stupid cloud"



Verdict...

Here's what we think...

Nuts man Casey:



"Cole Hauser's in it! Cole Hauser out of 2 *Fast 2 Furious*! And *Pitch Black*! And *Olympus Has Fallen*! I love Cole Hauser!"

Nuts man Mark:



"The locations are James Bond exotic, and while the stunts aren't quite as big as an 007 film, the action scenes still rock!"

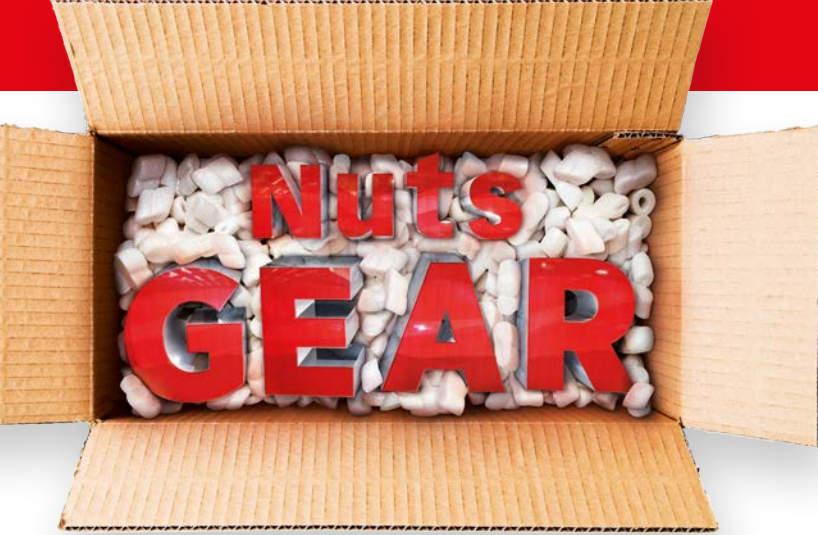
Nuts man Rom:



"I wasn't expecting much from former '80s pop bloke Luke Goss, but he's so convincing as an ex-CIA hard nut!"

VERDICT:

Slick, solid bloke action fare. Perfect for a night in front of the box with a beer!



1 SanDisk Clip Sport

www.sandisk.co.uk

Nuts says: MP3 player designed for the sporty type, so plays tunes, has an FM tuner and large buttons for running fingers.

£60

GIGGEDY GIG

The Clip Sport comes in a range of flavours from 4GB to 16GB.



2 Nikon Coolpix P340

www.nikon.co.uk

Nuts says: Cool compact with 12 megapixel sensor, 5x optical zoom, f/1.8 aperture lens, Wi-Fi for sharing, and 1080p HD video.

£350

SNAPPY APP

A wireless app can take snaps remotely and send them to your phone.



3 WeSC Piston Headphones

www.wesc.com

Nuts says: Bluetooth version of the popular headphones. You'll get ten hours of juice per charge, a built-in mic for taking calls and easy-prodding controls.

£80

ANY COLOUR YOU LIKE

These come in a choice of three colours: black, red or navy.



4 Stabilo SmartBall 2.0

www.stabilo.co.uk

Nuts says: Disposable scribbler designed for tablet and smartphone users. On one end, ink. On the other, a stylus for your misspelt tweets etc.

£8

STYLISH STYLUS

Comes in a choice of three colours and right or left-handed versions.



Nuts *REAL GIRLS*



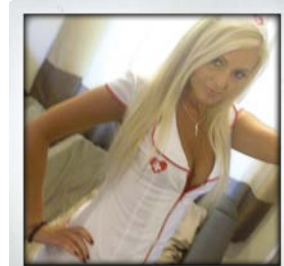
BEDROOM BABE!

You voted, she won, we took the pics!

“I adore my
sexy, black
lingerie set
from Agent
Provocateur!”



**“I’ve got
a massive
passion for
fast cars!”**



*The Pic she
sent us!*

Samantha

27 **Milton Keynes**

Boobs: 34C

Day job: “I work in a car dealership”

Turn ons: “Someone who’s good with his hands!” ▶

*If you can't handle me at my work
then you sure don't deserve me at my job*

**“An all-night
sexy session
would win
me over!”**



A blonde woman with long hair is posing on a white bed. She is wearing a black bra and black underwear. She is looking towards the camera with a slight smile. Her right leg is bent, and she has a tattoo on her inner thigh that reads "If you can't handle me at my worst, then you sure don't deserve to be my best." The background is a plain white wall.

Nuts REAL GIRLS

**“I love to play
dress up – sexy
secretary, or
naughty nurse!”**

**Turn to vote for our
next Bedroom Babe!**

Nuts HOOK-UPS

Meeting girls has never been easier!



LOOKING TO HOOK UP?

Hundreds of girls who are waiting to meet you in your area. Take a look at some of our members' stories and try it for yourself! No strings attached...

"I met this girl in a pub, where we had a great evening and a few drinks, before heading back to my place where the great evening continued!"

"We'd chatted and had video calls on the site before deciding to meet at a bar for a few drinks and, after spending the night together, we're onto night number two! Hook-Ups is awesome!"

"Initially I thought Hook-Ups would be like other dating sites, but I gave it a go and quickly realised I was wrong! I've met loads of attractive girls. A couple I've seen twice!"

NUTS.CO.UK/HOOKUPS



BEDROOM BABE VOTE!

Pick your winner – and she'll star in *Nuts*!



Chelsea

21 **Barrow-in-Furness**

"People love my massive boobs!"



Holly

22 **Plymouth**

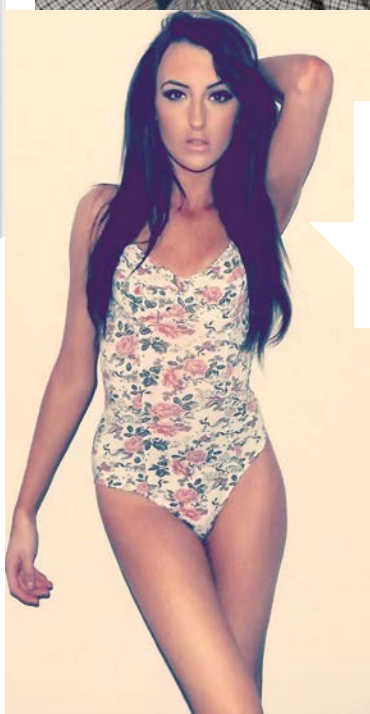
"I'd love to go skinny dipping on a first date!"



Lauren

22 **Durham**

"My big eyes get lots of compliments!"



Jo

18 **Leicestershire**

"I've got the sexiest bra, stockings and suspenders set!"

Vote now!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. Simple!

Ladies! Send your photos to **Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU**. Or email nutsgirls@ipcmedia.com. You must be over 18.

10 RUDE QUESTIONS!

And a real girl to answer them!



Levi

19 Blackburn

1 Where's the best place you've had sex?

"I once had sex in a field on a beaming hot day. It was a bit strange because the sheep were watching us, but then again it was one of the best places because I loved the thrill. I don't think you can beat having sex in the open air."

2 What really turns you on?

"A good-looking boy with a bit of cheekiness about him – whether it's his smile or eyes, or whatever... A chap with a cheeky smile makes me want him right away."

3 Is it better to give or receive?

"I believe it's better to give. It's so much better to be in control, after all, I'm the person who knows myself best, and knows what pleases me. And I can assure you that I know what pleasures someone else, too!"

4 What do you watch to get you in the mood?

"The first time I ever watched this film *Bound* was such a turn-on in the bedroom. It's about these two lesbians and, although I'm straight, it never fails to get me going. Guys, if you want to get a girl feeling horny, stick this film on!"

5 What's your favourite sexy outfit?

"You can't beat a good sexy outfit from Ann Summers. My favourite one is a black lacy number which has the right slips in all the right places. Put a good pair of stockings on with it, and some huge heels, and it's even sexier."

6 Have you ever made a rude video?

"Of course! It's good to make a sex tape and watch it back – it's such a turn-on and it's also really good to know what you look like in the bedroom – that way you can pick up some useful tips from yourself."

7 What's your favourite position?

"That has to be doggy style – I think it's the best for any girl. I just love sticking my bum up in the air and having an incredible workout!"


8 What's the rudest thing you've ever done?

"Well, I once climbed up on the bar in a club and started to strip – then I gave some unsuspecting lad a sexy dance! It was pretty embarrassing the day after, but I was a bit drunk at the time. It's the rudest thing I've done in public, anyway. For the bedroom, that's another story!"

PHOTOS: PAUL MUSSO



9 Ever got it on with another girl?
“Yes, of course! I’m always snogging my best friends on a night out and teasing the boys. There’s nothing wrong with a good tease now and again.”



10 What one thing would you really like to try but haven’t yet?
“It has to be having sex on a plane. You see it in movies all the time and I must say it does look rather exciting!”



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TO OUR SECRETARY!

Racy revelations from our female readers!

Nuts REAL GIRLS



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SECRETARY!**

Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!



CONFESSION OF THE WEEK!

'She didn't suspect a thing'

I WAS "catching up" with my man after two weeks apart, when we were rudely interrupted by my sister phoning. So I took the call in the kitchen and was leaning across the breakfast bar, listening to her going on, when I suddenly felt sensual caresses all over me. Then my man's fingers moved my thong to one side and began to stroke my private parts. I lifted my leg on to the worktop and he replaced his fingers with something much bigger! I tried to act normal while my sister yakked away and I don't think she suspected anything!

Donna Buckhurst Hill

'I made it up in style'

I'D BEEN dating this new guy for a month and one weekend he took me away

to a nice hotel. I was nervous as it was our first time away, so I had a few drinks in the bar to calm me down. By dinnertime, my head was spinning. We had wine with dinner and by the time we reached our room, my

legs were giving way. He had to put me to bed and we had a boring early night! In the morning, I apologised a million times – and made up for it by giving him a morning to remember with an incredible blow job. We ended up extending our check out time until 2pm so we could make up for lost time properly.

Jessie Manchester

'My holiday turned wild'

I WENT on holiday last month with my parents, and at the hotel, I saw a really hunky man working behind the bar. Late one night, I'd had a few drinks and had the courage to go over to him. We were on a small path down to the pool, it was dark and nobody was about. He gave me a cheeky smile and after a bit of flirting, we were soon kissing against the wall. He took off my bikini top and pressed my boobs together, smiling at my huge cleavage. I felt really horny so put my hand down my bikini bottoms and started to play with myself. The look on his face was priceless! I gave him a sexy wink and told him my room number, and an hour later, he was in my room having wild sex with me. It was so kinky and amazing, I wouldn't think twice about doing it again.

Mandy Rochdale

'We popped out of party'

I WAS at my sister's house party when an old friend of hers from Uni turned up. He looked fitter than I recalled, and we stared at each other for ages. When the beer ran out, he offered to run down to the shops for more supplies, so I jumped at the chance to show him the way. In his car, he leaned in and kissed my neck, sending shivers all through me. I peeled open his shirt while his hands roamed over my body, then I traced my fingers down to his lap where I found his erection waiting for me. I bent forward and took it in my mouth. He soon exploded and we quickly adjusted our clothes. A friend popped out of the house and wondered why we hadn't left yet – we just looked at each other and burst out laughing!

Stacey Brentwood

Win £50!

Ladies, send your raunchiest confessions to **louise_prior@ipcmmedia.com** or to the address on page 60. The best one each week* wins £50! Come on, girls!

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Nuts SPORT

CHAMPIONS LEAGUE SPECIAL 1!

Man City vs Barca: head to head!

Footy genius Jonathan Pearce runs the rule over the two teams!



IT'S THE tie that's got the football world salivating: Catalan giants Barcelona – Messi 'n' Neymar 'n' all – taking on Manchester City's megabucks men, who are breaking goalscoring records for fun. Who can predict how this epic clash will end up over two legs? We certainly can't, but thankfully we have the expertise of Radio 5Live commentator and all-round football oracle Jonathan Pearce to call upon...

● Manchester City vs Barcelona, Tuesday 18 February, ITV/HD, 7.45pm.

PUNDIT PEARCE!

Jonathan started his broadcasting career at BBC Radio Bristol after a broken leg kiboshed his on-field ambitions.



Manuel Pellegrini's team may be heading for a record number of goals by a top-flight English team, but he hates conceding even a single goal at the other end. Yet he persists with Demichelis when it's clear his majestic Bayern Munich days are long gone. His Champions League track record is crucial, however, having taken Villarreal to the semis and rank outsiders Malaga to the quarter-finals.

RATING: 9/10



Gerardo Martino became the club's first coach to go unbeaten in his first 20 games since becoming gaffer in the summer, after taking Newell's Old Boys to the Copa Libertadores semi-finals. In this battle between two South American tacticians, he likes his team to press high and attack with pace. He beat Real Madrid in the first Clasico of the season, but he's unproven in Europe.

RATING: 8/10

Joe Hart has rediscovered his form after being dropped following his impetuous mistakes earlier this season. He is commanding his defence, making sound decisions and coming up with brilliant saves again. His stop from Loïc Rémy was simply breathtaking in his magnificent performance at Newcastle last month. England fans need not worry about him – he's back to his best.

RATING: 9/10



Victor Valdés rarely grabs the headlines at the Nou Camp but he's been as steady as ever, moving beyond the 500-game mark for the Catalans and was recently voted the fifth best keeper on the planet. He was significantly missing with a calf strain when they lost 2-1 at Ajax in November. Not very strong in the air. Will be uncomfortable during City corners.

RATING: 8/10

They are over-reliant on Vincent Kompany, and Martin Demichelis vs Lionel Messi is an accident waiting to happen. The central defenders will need to be protected from the “tiki-taka” quick passing around the box, so the defensive-midfield area will be crucial, as the back four concedes too many goals. Norwich’s Nathan Redmond exposed a lack of pace in the full-backs. Pedro will relish that.

RATING: 8/10



DEFENDERS



Alves, Pique, Mascherano and Alba are still their best back four. Their three defeats this season have come when they haven’t fielded that quartet. Bayern Munich shredded them in last season’s semi-final when Mascherano was missing. City will study that and Valencia’s recent win, when Barca were exposed in the air. Alvaro Negredo and Edin Džeko will be licking their lips.

RATING: 7/10

They have sumptuous flair to match Barcelona when they’re at their best. But they’ve missed Nasri’s guile and Jesus Navas is beginning to look like he’s played a lot of football this season – more than any other City outfield player. The fitness of Fernandinho is vital. He can anchor the midfield and let Touré bomb forward. Yaya’s refined finishing power this season will swing it City’s way.

RATING: 9/10



MIDFIELDERS



Xavi and Iniesta are hitting form. Pedro has lightning pace. Fabregas will create and score. Busquets will sit behind the rest to protect the defence. They have bewitching skill and variety. They could pass City to death if they get the chance. But do they have anyone who can track and physically deal with Yaya Touré? I don’t think Busquets will handle him. That’s the key to the tie.

RATING: 9/10

They’ll be the first top-flight team since Liverpool more than 30 years ago to have three players with 20-plus in all competitions when Edin Džeko reaches that tally. Alvaro Negredo has already passed that mark and Sergio Agüero should hit 30 – City have to have him fit for the tie. Negredo and Džeko could destroy Barcelona in the air. Agüero can run them ragged if he’s fit.

RATING: 10/10



STRIKERS



For me, Lionel Messi is still the best player in the world. Critics say his two-month injury break has blunted the Argentine. He scored eight goals in his first ten games back – if that’s blunt imagine him sharp! Neymar has had recent injury concerns, too, but can win a game in the blink of an eye. Chile’s Alexis Sánchez has also weighed in with 14 goals of his own. They can be frightening.

RATING: 10/10

Yaya Touré is persistently City’s man when it comes to the big, big games. Agüero’s fitness race to get fit in time for the match will definitely hog the headlines. He’s one of the four best players in the world, so the Argentine will be crucial. So will Džeko and Negredo in the air. But I have a sneaky feeling that Touré could well prove decisive and will burst through to get the decisive goal.



ONES TO WATCH



It has to be Lionel Messi – you simply can’t look beyond the best player in the world. A hat-trick destroyed Ajax at home and three strikes against Milan earned four crucial points against the Italian side. City must shackle him at home to have any hope of coming away with a result. When he’s scored at the Nou Camp, they’ve subsequently only lost one of those 107 games.

PEARCE’S FINAL VERDICT! Pellegrini’s extra Champions League experience will count, as will City’s danger in the air against a suspect Barcelona defence. But I fully expect the Catalans to score at the Etihad, without a doubt. They might even get two. But City can match that if they’re on form and catch them with set pieces at the Nou Camp. Look to Yaya to produce the winner. A draw and then a City win will pay out at 11/2 in some places. I’m on board!



EXCLUSIVE!

Arteta: 'Arsene needs a new coat!'

The midfielder on dance moves, Arsenal's house band and a little bit of football, too!

➔ **WHAT WITH** a "tricky" Champions League tie against Bayern Munich imminent and games against some of the other title contenders coming up, it's an exciting time to be at Arsenal. *Nuts* caught up with vice-captain Mikel Arteta at the launch of the PUMA evoPOWER 1 boot and tried to take his mind off it all...

Hi Mikel! Can Arsenal finally win Europe's biggest prize?
Yes, but we've got to beat Bayern first! We can't go out there and concede three goals like we did last time, we've got to be far more resilient. But with the season we're having we've got the confidence we can do it.

You've had a tough run of games and have another one in a few weeks' time...
If you look at it like a run of games, then mentally that is going to make it really tough for you. So you've got

to chop it up, take it game by game and that makes it easier to deal with.

Do you think you can maintain your title charge?
Well, it's something we want to do, we want it to go right to the end and as time goes on we'll get players back from injury. We've got a fair few out at the moment, so when they're back, we'll become stronger.

Are the players upset you couldn't add more attacking options in January?
I'm pretty sure everyone thinks we're short in that area, but we have to find the right player, we can't just go out and buy anyone. Most importantly, it has to be someone who Arsene Wenger believes is the right player for the role.

Is it true you and Xabi Alonso used to play football on the beach as kids?
Yeah, it's true. I spoke to Xabi yesterday actually! He's doing really well over in Madrid.

Are you surprised David Moyes is struggling at Man United?
Yes and no. It's still a new challenge for him. It's a huge job for him to take over from Sir Alex, but he's a very straight and honest person, the players will end up loving him in the end. He just needs time so they can get to know how he wants things done.

Last time you spoke to *Nuts* you said Santi Cazorla had the most



"Ooh, my testies are well chilly!"

tricks. Is that still the case now Özil is in town?
Well, Mesut is pretty skilful but Santi is something special. Some of the things he can do are incredible. He's still the undisputed best at the club!

Is Per Mertesacker really as funny as he says he is?
He's really funny! On a night out he's great and his dance moves are hilarious – we've got a few dancers at Arsenal actually. Bacary Sagna has the best moves by miles, I'd put myself in there as third best.

Is there anything about your team-mates we don't know?
Olivier Giroud oozes self-confidence, he really loves himself. He's also the longest in the showers! Wojciech Szczesny is the same and he also plays the piano, too. And Tomas Rosicky is like a rock star as well with the guitar!

So you could have an Arsenal team band?
We could do, although we'd have to get Emmanuel Frimpong back to sing. We miss him at Arsenal. He's a great character, with a great voice, and I hope he does well.

What's on your car stereo right now?
I've got a private playlist on Spotify but what's on it is a secret! Just joking, I've got lots of different stuff on it, Spanish music, and I also like Emeli Sandé and other stuff I can relax to.

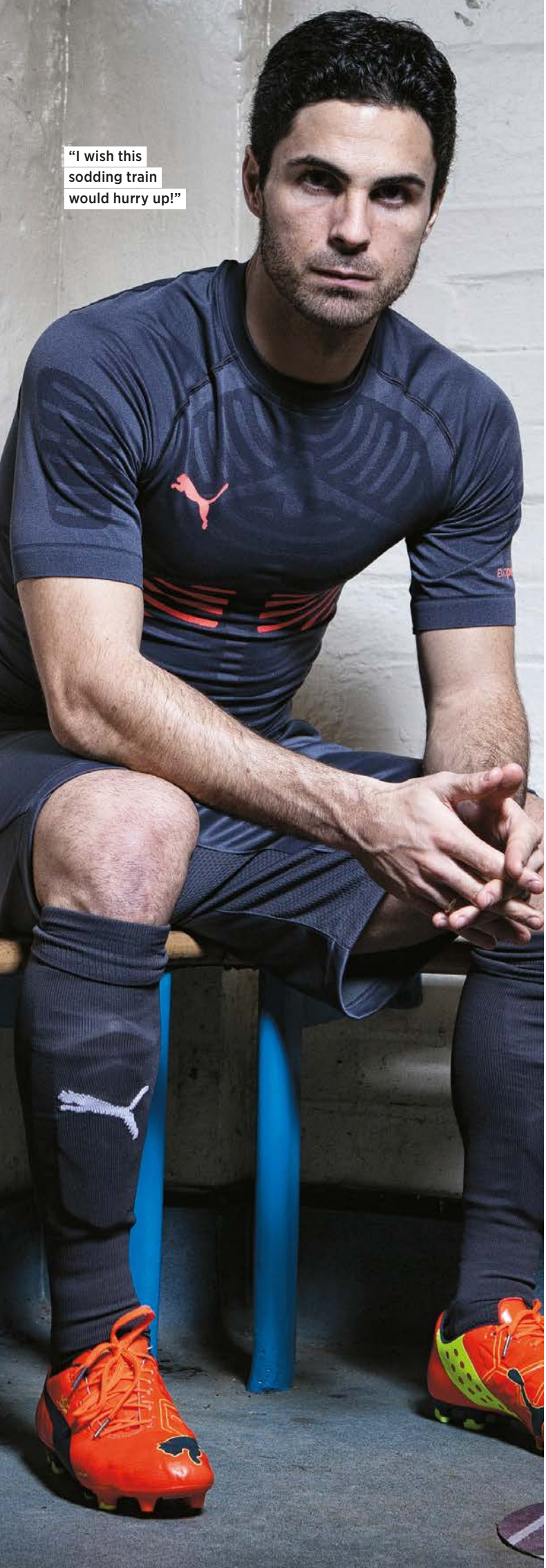
Thanks for the chat, Mikel, Finally then, is it only Arsene Wenger who's allowed those long coats?
The big zippy one? He's got a real problem with that zip – he really could do with getting a new coat, to be honest. I could actually use one now as well, it's really cold in here!

● Arsenal vs Bayern Munich is live on Sky Sports 1/HD, Wednesday 19 Feb at 7pm.


Mikel Arteta wears the new PUMA evoPOWER 1, the perfect combination of power and accuracy inspired by barefoot kicking. The PUMA evoPOWER 1 is available NOW from ProDirectSoccer.com. #StartBelieving at PUMAFootballClub.com

ARTISTRY OF ARTETA!

Arteta played for Rangers, Real Sociedad and Everton before signing for the Gunners in a £10m deal.



"I wish this sodding train would hurry up!"



The dance-off was getting serious

Curtis Woodhouse: 'I'm always in great shape!'

The boxer on which footballer needs a slap!



Hi Curtis! You're fighting Darren Hamilton for the

British title. Tell us about him. He's been the champion for a couple of years now and he's beaten pretty much every other light welterweight out there so it seems like I'm the last man standing. I can't wait to get in there.

And then retire!

Yeah, this is the last one for me. My ambition when I came in to the game was to become British champion. So to fight for the title in Hull near my home town, top of the bill, live on Sky Sports, seems the perfect way to bow out.

What's the appeal of boxing to a retired footballer?

You're stood a metre away from someone who's trying to take your head off, and that's a buzz. Forget all the bullsh*t, no matter where you're from or how much money you've got in the

bank, when that bell goes, you bleed like the next man.

How do you get prepared and pumped up for a fight?

I don't need to be pumped up. I've never gone in to a fight not in great shape. The only thing I've got to do for this fight is keep all my emotions in check. Seven years of my career comes down to this one night. I'm willing to risk life and limb and put my life on the line.

Good luck in the bout, Curtis. Finally, if there was one person in football you could punch, who would it be?

Only one? Hmm... who gets on my t*ts? Ashley Young needs a clip. Throwing himself to the floor every two minutes. I wouldn't mind giving him a slap!

● Watch Curtis Woodhouse take on Darren Hamilton for the British Lonsdale Belt on 22 Feb, live on Sky Sports 2/HD at 8pm.



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Arsenal fans may agree with Jose!

The wind-up merchant's at it again!

➔ **GOOD OLD** José Mourinho! Mind-games season has started and José's the master now Sir Alex Ferguson has retired. Fergie was the best in the game when it came to winding other managers up, as Kevin Keegan, Rafa Benitez and Roberto Mancini can certainly attest.

José's rather scathing comments about Arsene

Wenger's lack of silverware are a clear attempt to gain some kind of psychological advantage over Arsenal. He has already provoked Manuel Pellegrini into retorting and I'm sure that Arsene will, too.

Wenger might want to choose his words carefully though, as there may well be some Arsenal fans who agree with José that it's time for a trophy!



"And then I knead the dough like this – that's how I will win *Bake Off*"

Roy should have asked JT!

I WAS hoping Roy Hodgson might have taken John Terry to one side and said, "Look, would you reconsider coming out of international retirement for the World Cup?" but once you retire, you stay retired, seems to be Hodgson's opinion.

It's a shame, because I think we have a chance in this World Cup. Seriously! Now, we have to hope Gary Cahill and Phil Jagielka play out of their skin, and Phil Jones and Chris Smalling pick up their form over the rest of the season.



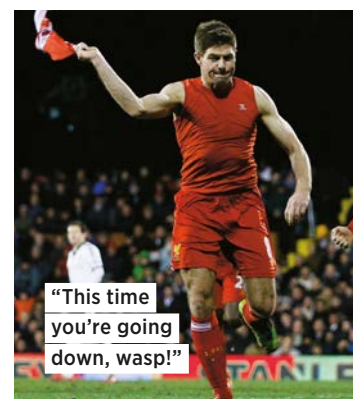
"Aw! I've got my shirt all dirty!"

Liverpool struggle at the back!

ANOTHER BOSS talking his team's title chances down is Brendan Rodgers. I watched Liverpool against Fulham. In attack and midfield they're as good as anybody, but they lack solidity in defence.

The lad Flanagan will be a good right-back but he's still learning. Kolo Toure looks unsure of himself, and so does Martin Skrtel. Only left-back Aly Cissokho looked solid.

But they've made Anfield a fortress, and with Man City and Chelsea to visit, you can think of them as dark horses to run alongside José's little ones!



"This time you're going down, wasp!"

- Send jokes, comments, pics etc to kammy@ipcmedia.com. The best one each week wins a signed *Nuts* T-shirt!

RING OF TRUTH!

ONLY IN
Nuts!

Football seen through the *Nuts* comedy glasses!



WORDS: PETE CASHMORE PHOTOS: ACTION IMAGES, AMA, SOLO SYNDICATION, BACKPAGE IMAGES

MAN-LOVE CORNER!



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When he watches a match, he sees every word!



John Cassidy is a *real* lip-reading expert. And a fully paid-up FA coach to boot!



Daniel Sturridge: “No, you’re the man!”

LIVERPOOL VS ARSENAL Anfield, 8 February, 1.05pm
Sturridge and Philippe Coutinho have a post-goal love-in.



Nikica Jelavic: “No, it’s a yellow card”

SUNDERLAND VS HULL CITY Stadium Of Light, 8 Feb, 3.04pm
The ref disagrees and sends defender Wes Brown off.



Mick Hucknall: “It was a bit weak, that save”

MAN UNITED VS FULHAM Old Trafford, 9 February, 5.49pm
Mr Simply Red has a pop at United keeper David de Gea.



Delia Smith: “Are your feet cold?”

NORWICH VS MAN CITY Carrow Road, 8 February, 3.52pm
The Canaries’ chairwoman asks the questions that matter.

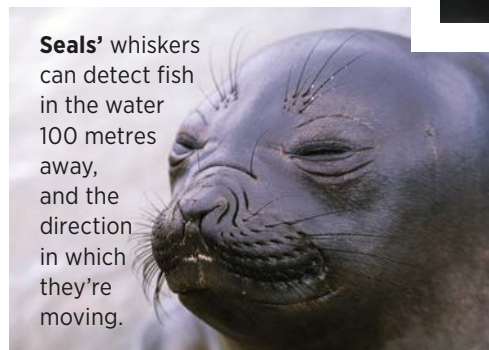
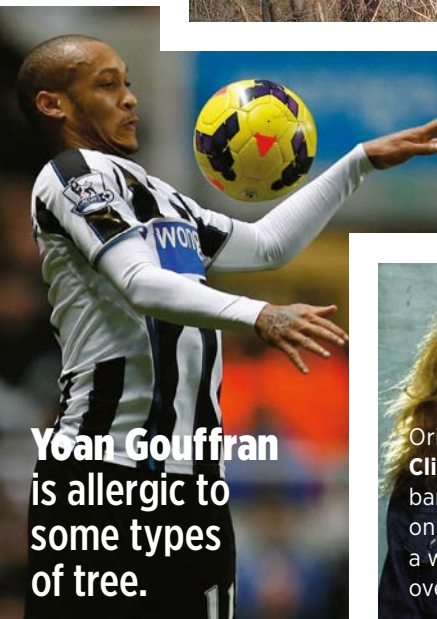
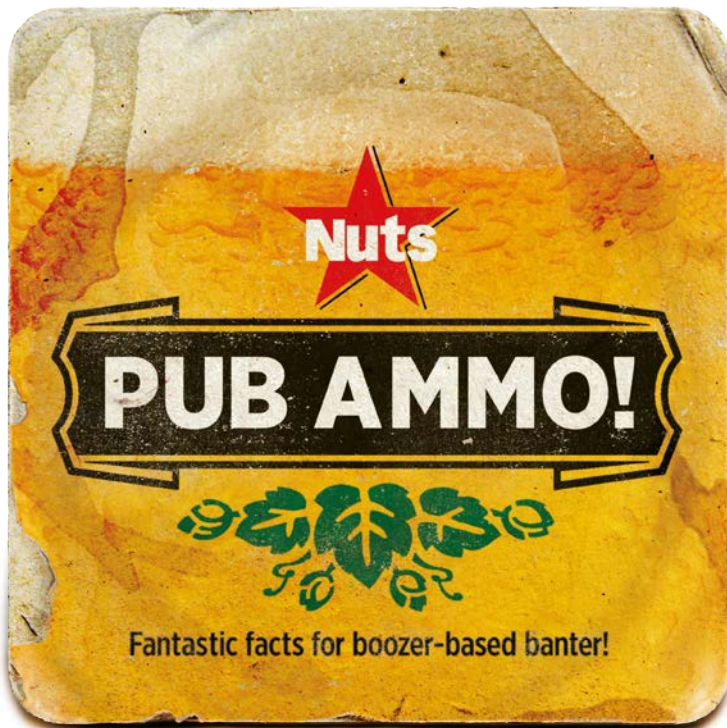
potty mouth corner!



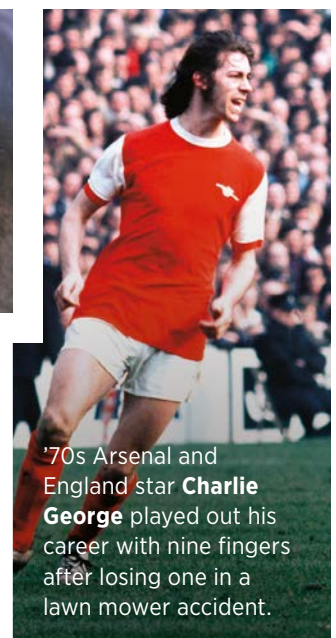
Chris Brunt: “Are you f**king being serious?”

Billy Jones: “He got the ball! The f**king ball!”

PALACE VS WEST BROM Selhurst Park, 8 February, 4.24pm
Apparently, he got the ball. It’s true – we’re being serious.



Cadbury's Wispa bar has, to date, enjoyed two "comebacks" in UK shops.



Pub ammo on... *Game Of Thrones*

- The third series of the epic fantasy is a good one for UK comedy stars – Paul "Dennis Pennis" Kaye and *The Office*'s Mackenzie Crook both have roles.
- Kristian Nairn, who plays Hodor is a successful DJ in Northern Ireland.
- **Jon Snow** is so called because he was a bastard ("Bastard!") born in the cold bit of Westeros.
- Daenerys Targaryen is a natural brunette.
- *Game Of Thrones – Season 3* is available to buy this week on DVD and Blu-ray.



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